

The Milwaukee Times

Weekly Newspaper

"Journalistic Excellence, Service, Integrity and Objectivity Always"

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Milwaukee hosts '27th Annual Holiday Lights Festival Kickoff



Photos by Yvonne Kemp

Milwaukee's downtown was set aglow on Thursday, November 20, 2025 during the "27th Annual Holiday Lights Festival Kickoff," held at Père Marquette Park hosted by WISN 12 News anchors Diana Gutiérrez and Gerron Jordan, presented by Stein's Garden & Home.

The bright night of festivity started with pre-show entertainment by Kid Boogie Down. Following this dance warm-up, guests enjoyed performances by DJ Mr. NY, characters from Milwaukee Rep-

ertory Theater's "A Christmas Carol," Anita's Dance Center, The Squeezettes, cast members The Diabolos and Jolly from Cirque du Soleil's "Twas the Night Before...", Marquette University's Gold 'n Blues, Willow Newell - Miss Wisconsin, and Jenny Thiel. Santa and Mrs. Claus also made an appearance. The evening was wrapped up with a fireworks show. Guests in attendance received free cocoa and cookies and took part in free Jingle Bus rides, operated by KB Ex-cursions, after the fireworks.

HBCU Week celebrated at NOVA High School



On Friday, November 14, 2025, in celebration of Historically Black College and Universities (HBCU) Week, Northwest Opportunities Vocational Academy (NOVA) High School invited prominent members of the Divine 9 organizations to speak to NOVA students in grades 9th - 12th, at the school located at 2320 W. Burleigh St.

As part of the program, members of the Divine 9 community shared with students what it has meant to them, to be a member of a Black Greek Letter organization with the hope of encouraging students to consider college after they graduate.

NOVA High School, an MPS-contracted school, serving at-risk students who have decided to return to school in an effort to earn their high school diplomas.



Photos by Yvonne Kemp

Milwaukee sheriff's deputies pack 150 Thanksgiving meal kits for families in need

Nearly decade-long tradition brings law enforcement and community together through holiday food distribution at Washington Park

Source:: TMJ\$ News

The Milwaukee Sheriff's Office traded their patrol duties for packing duties this week, assembling 150 Thanksgiving meal kits for families facing food insecurity during the holiday season. At the Urban Ecology Center in Washington Park, deputies worked an assembly line to prepare complete holiday meals as part of a tradition nearly a decade strong. The initiative, supported by the Sheriff's Association and Metcalfe's Market, ensures 150 families will have turkey, vegetables and pies for Thanksgiving.

"We are here packing up food to put together Thanksgiving kits for families in need," said James Burnett from the Milwaukee Deputy Sheriffs' Association (MDSA).

The effort represents more than just holiday charity — it's about building community connections and showing the human side of law enforcement.

"One of the key parts of law enforcement work is engaging with the communi-

ties that we serve," Burnett said. "So often, people see members of law enforcement, and they see a badge, they see a uniform, they don't necessarily see the people behind it. And this allows our agency to engage on a grassroots level and really show them, you're human, so are we. Let's do this together."



Event Photos



Detective Hobe Love

For Detective Hobe Love, the work carries personal significance. Love grew up near

Sherman Park and now serves the same neighborhoods that raised him.

"We know that people are in need right now; our hearts are with the public. When you put the job to the side, can you help people? And I think that's essentially why we all join," Love said.

Love's own childhood experiences with food insecurity drive his commitment to the program.

"I ain't grow up with a silver spoon or fork in my mouth... times where even growing up we ain't have a lot of food around this time.

So just being able to give back, being humble in the position that I'm in — it's being thankful," Love said.

The detective believes initiatives like this help rebuild trust between law enforcement and the community while strengthening neighborhoods.

"I've been in Milwaukee my entire life. I truly believe we can come together as a whole," Love said.

Families picked up their meal kits Saturday, November 22, 2025 at Washington Park, receiving not just food but a reminder that their

community cares.

"It really does feel good. You're affecting all these different families, and even the small changes that matter," Love said.



James Burnett, MDSA

Jimmy Cliff, reggae legend who sang 'The Harder They Come,' dies at 81

Jimmy Cliff, the charismatic reggae pioneer and actor who preached joy, defiance and resilience in such classics as "Many Rivers to Cross," "You Can Get it If You Really Want" and "Vietnam" and starred in the landmark movie "The Harder They Come," has died at 81.

His family posted a message Monday on his social media sites that he died from a "seizure followed by pneumonia." Additional information was not immediately available.

"To all his fans around the world, please know that your support was his strength throughout his whole career," the announcement reads in part. "He really appreciated each and every fan for their love."

Cliff was a native Jamaican with a spirited tenor and a gift for catch phrases and topical lyrics who joined Kingston's emerging music scene in his teens and helped lead a movement in the 1960s that included such future stars as Bob Marley, Toots Hibbert and Peter Tosh. By the early 1970s, he had accepted director Perry Henzell's offer to star in a film about an aspiring reggae musician, Ivanhoe "Ivan" Martin, who turns to crime when his career stalls. Henzell named the movie "The Harder They Come" after suggesting the title as a possi-

ble song for Cliff.

"Ivanhoe was a real-life character for Jamaicans," Cliff told Variety in 2022, upon the film's 50th anniversary. "When I was a little boy, I used to hear about him as being a bad man; a real bad man. No one in Jamaica, at that time, had guns. But he had guns and shot a policeman, so he was someone to be feared. However, being a hero was the manner in which Perry wanted to make his name — an anti-hero in the way that Hollywood turns its bad guys into heroes."

"The Harder They Come," delayed for some two years because of sporadic funding, was the first major commercial release to come out of Jamaica. It sold few tickets in its initial run, despite praise from Roger Ebert and other critics. But it now stands as a cultural touchstone, with a soundtrack widely cited as among the greatest ever and as a turning point in reggae's worldwide rise.

For a brief time, Cliff rivaled Marley as the genre's most prominent artist. On an album that included Toots and the Maytals, the Slickers and Desmond Dekker, Cliff was the featured artist on four out of 11 songs, all well placed in the reggae canon.

"Sitting in Limbo" was a moody, but hopeful take on



Web Image

a life in restless motion. "You Can Get it If You Really Want" and the title song were calls for action and vows of final payments: "The harder they come, the harder they fall, one and all." Cliff otherwise lets out a weary cry on "Many Rivers to Cross," a gospel-style testament that he wrote after confronting racism in England in the 1960s.

"It was a very frustrating time. I came to England with very big hopes, and I saw my hopes fading," he told Rolling Stone in 2012.

The music lives on

Cliff's career peaked with "The Harder They Come," but, after a break in the late 1970s, he worked steadily for decades, whether session work with the Rolling Stones or collaborations with Wyclef Jean, Sting and Annie Lennox among others. Meanwhile, his early music lived on. The Sandinistas in Nicaragua used "You Can Get it If You Really Want" as

a campaign theme and Bruce Springsteen helped expand Cliff's U.S. audience with his live cover of the reggae star's "Trapped," featured on the million-selling charity album from 1985, "We Are the World." Others perform-

ing his songs included John Lennon, Cher and UB40.

Cliff was nominated for seven Grammys and won twice for best reggae album: in 1986 for "Cliff Hanger" and in 2012 for the well-

(Continued on pg. 3)

The Milwaukee Times Weekly Newspaper

Milwaukee, Wisconsin

THE MILWAUKEE TIMES WEEKLY NEWSPAPER

Louvenia Johnson (1981-2008) Luther Golden (1981-2005) Nathan Conyers (1981- 2018)

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Founders
Louvenia Johnson
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Layout
William Gooden

Ministries Section
Elaine Walker

Printshop Manager
Michelle Anibas

Photography
Yvonne Kemp

The Milwaukee Times Weekly Newspaper is published each Thursday at 2238 N. Dr. MLK, Jr. Dr., Milwaukee, WI 53212
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Email: miltimes@gmail.com
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Being Frank

By: Frank James
Special to the Milwaukee Times

The past is gone

There are millions of people being tortured by something that cannot be changed so there is no succor. These people either are suffering from self inflicted damage, or others are using these actions as a weapon against them. These actions that can't ever be changed or banished are the past. It is time to let the past be just what it is; the past.

There is only one time that exists in the world. That time is now. The future has not come and the past is done. Yet, in the world there are millions of people who are tortured, or prisoners, of something there is no answer for. The past is something everyone has, and has lived through. The key is the latter part of the previous statement. Lived through, which means it is done. Why are so many people judged, manipulated, and mentally tortured by this unchangeable specter of life? Unless you have a time machine there is no way you can change the past.

Many people relive their past daily in their own minds. They regret decisions made in the past and allow so called errors made years ago



to taint their present. How many times have you seen a person shaking their head while relaying a tale of woe from years gone by? The person who does this are sadists to themselves. These people are reliving events that they claim they did not enjoy. Why? They are in the grip of the past and it is hindering their growth in the now. Think. If something that happened in your past was an unpleasant event why spend any time reliving it? Every time you think about this event you relive it. Who does this unless they are a pain freak? Let the past go and live in the now.

The past is often used by

others to create guilt in people. I am not referring to acts of crime. I am talking about events or activities a person has done earlier in life and another person uses these actions against the person who committed the acts. What a person did in their teens or early adulthood is the past. Why try to make them feel guilty over some act a person committed before you knew them? First off, why are you asking about a persons past then using the evidence against them? This is one reason many relationships fail. Enjoy the person in front of you now, and let the person they were before they met you rest in peace.

Traumatic events can cause pain for years. These type of traumatic events are different from the ordinary past events most people suffer from. For example, the past event of having a relationship with a loser. Or, the act of constantly being reminded by others, or yourself, of past failures. Another example, the mental torture about the other parent of a child that is yours. These are the past events many people blow out of portion and wind up traumatizing themselves, or others, by either thinking or badgering others with the details. Let the past go. The loser relationship ended months ago. The failure is done, why relive it? Your baby parent, is here along with the child. Go forth and don't have another child with this person. Once you let go of the misery living in the past creates and live in the now the 18 years will go by quickly.

One final note. If someone tries to use your past against

you to create guilt, walk away. Unless you committed a capital crime, walk away. Everyone has a past. Do not allow yourself to be berated over past acts you committed, that eventually got you to where you are today, if you are happy with yourself. White people in the USA refuse to let their past actions in the US hinder them, and their offspring, via Anti-CRT legislation. If Whites can ignore their past, I think everyone, who hasn't committed a capital crime, deserves a break.

Frank James IV © 2025
beingfrankwithfrank@gmail.com

The opinions expressed in this editorial are those of the writer and not of the Milwaukee Times Weekly Newspaper or HT Group, LLC, its staff or management. "Being Frank" is a bi-weekly column exclusive to the Milwaukee Times Weekly Newspaper.

Jimmy Cliff

(Continued from pg. 2)

named "Rebirth," widely regarded as his best work in years. His other albums included the Grammy-nominated "The Power and the Glory," "Humanitarian" and the 2022 release "Refugees." He also performed on Steve Van Zandt's protest anthem, "Sun City," and acted in the Robin Williams comedy "Club Paradise," for which he contributed a handful of songs to the soundtrack and sang with Elvis Costello on the rocker "Seven Day Weekend."

In 2010, Cliff was inducted into the Rock and Roll Hall of Fame.

He was born James Chambers in suburban Saint James and, like Ivan Martin in "The Harder They Come," moved to Kingston in his youth to become a musician. In the early 1960s, Jamaica was gaining its independence from Britain and the early sounds of reggae — first called ska and rocksteady — were catching on. Calling himself Jimmy Cliff, he had a handful of local hits, including "King of Kings" and "Miss Jamaica," and, after overcoming the kinds of barriers that upended Martin, was called on to help represent his country at the 1964 World's Fair in New York City.

"(Reggae) is a pure music. It was born of the poorer class of people," he told Spin in 2022. "It came from the need for recognition, identity

and respect."

Approaching stardom

His popularity grew over the second half of the 1960s, and he signed with Island Records, the world's leading reggae label. Island founder Chris Blackwell tried in vain to market him to rock audiences, but Cliff still managed to reach new listeners. He had a hit with a cover of Cat Stevens' "Wild World," and reached the top 10 in the UK with the uplifting "Wonderful World, Beautiful People." Cliff's widely heard protest chant, "Vietnam," was inspired in part by a friend who had served in the war and returned damaged beyond recognition.

His success as a recording artist and concert performer led Henzell to seek a meeting with him and flatter him into accepting the part: "You know, I think you're a better actor than singer," Cliff remembered him saying. Aware that "The Harder They Come" could be a breakthrough for Jamaican cinema, he openly wished for stardom, although Cliff remained surprised by how well known he became.

"Back in those days there were few of us African descendants who came through the cracks to get any kind of recognition," he told *The Guardian* in 2021. "It was easier in music than movies. But when you start to see your face and name on the side of the buses in London that was like: 'Wow, what's going on?'"

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turner-harold@att.net
www.funeraladvantage.com



MINISTRIES

CHURCH LISTINGS ARE IN ALPHABETICAL ORDER:
ABIDING FAITH FELLOWSHIP B.C. to
CORNERSTONE MISSIONARY BAPTIST CHURCH



Abiding Faith Fellowship Baptist Church
Pastor Anthony Oliphant Sr.
4600 West Burleigh Street
Milwaukee, WI 53210

ORDER OF SERVICE
Sunday School 9:00 am
Sunday Morning Worship 10:30 am

Tel: (414) 444-2822
Fax: (414) 444-2877



Abundant Faith Church of Integrity
7830 West Good Hope Rd.
Milwaukee, WI 53223
www.yourabundantfaith.org
(414) 464-5001

Weekly Schedule:

Sunday Worship...10:00 a.m.
Tuesday.....6:15 p.m.

Pastor Robert Pyles
“Discover Your Abundant Faith”



ADULT LEARNING LAB
New Life New Beginnings Outreach
3500 N. Sherman Blvd., Suite 205
Milwaukee, WI 53216
(414) 445-1072
Free Computer Classes
ECDL License Software
Registration Fee \$25
Wed. 11:00 a.m.-12:30 p.m.
Mon. & Wed. evening
6:00 p.m.-7:30 p.m.
Weekly Open Enrollment

ANTIOCH BAPTIST CHURCH
2033 W. Congress Street
Milwaukee, WI 53209
414-445-3303
www.antiochmbcmke.org
Rev. Victor T. Manns, Pastor



Order of Services
Sunday School.....9:00 am
Sunday Morning Worship.....11:00 am
Wed. Prayer & Bible Study.....6:30 pm
Thurs. Mass Choir Rehearsal...7:00 pm

Come Home to Antioch

Albright /New Hope United Methodist Church



Pastor Thomas Tao
5555 W. Capitol Drive
Milwaukee, WI 53216
414-442-8540

Weekly Schedule
Sun. School.....8:00-9:00 a.m.
Sun. Service.....9:30 a.m.

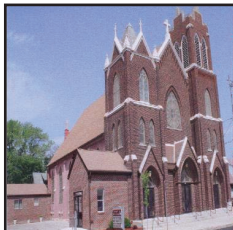


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Milwaukee, WI 53212



BETHEL
Christian Methodist Episcopal Church
3281 N. 26th Street
Milwaukee, WI 53206
Rev. Willie F. Dockery, Jr.
“The Church on the Grow”

Weekly Schedule
Sun. School 8:30 a.m.
Sun Worship 10:00 a.m.
Thursday Prayer Meeting
and Bible Study 7:00 p.m.
442-8970.



CANAAN
Missionary Baptist Church
2975 N. 11th St.
Milwaukee, WI 53206
Rev. Dr. Fredrick E. Jones, Pastor
Phone: 414-264-2070
www.canaanchurchmke.org

Virtual and In Person Service:
Sundays- 10:30am
Virtual Bible Study:
Wednesdays at 12 noon



Calvary Baptist Church
Rev. John R. Walton, Jr., Pastor
2959 N. Teutonia Avenue
Milwaukee, Wisconsin 53206
Phone: 414-372-1450
Fax: 414-372-0850
Website: www.CalvaryBaptistMke.org

SCHEDULE OF SERVICES

Sunday:
Sunday School 8:15 a.m.
Morning Worship 9:30 a.m.

Wednesday:
Bible Study 10:00 a.m. & 6:00 p.m.

Saturday:
Early Morning Prayer 7:00 a.m.

Calvary Hill Temple Apostolic Faith Church
2567 N. 8th Street • Milwaukee, WI 53206
Phone: (414)442-0099 • Email: JeanettParker8@gmail.com



Order of Service

Sun. Christian School/Manna...12:00 p.m.
Tues. Prayer/Bible Class.....10:00 a.m.
Wed. Broadcast 1560 A.M.
.....10:45-11:15 a.m.
Thur. Prayer/Bible Class.....6:30 p.m.

Pastor/Founder - Jeanetta Perry, DD (P.A.W)

Ministers:
Elder Jessie Reed, Elder Jimmie Sanders, Elder James Hartlep,
Evangelist Dorothy Evans, and Mother Annie Mae Hartlep



CHURCH OF THE LIVING GOD
C.W.F.F. Temple 132
3649 N. Teutonia Ave.
Milwaukee, WI 53206
Elder Stephen Hawkins, pastor.

Weekly Schedule:
Sun. School.....9:00 a.m.
Sun. Worship.....11:00 a.m.

Phone 445-1980.
Do watch us grow.
Come and grow with us.



Citadel Of Praise Church of God In Christ
2328 W. Capitol Dr. • Milw., WI 53206
(414) 299-0608
Deon Young, Pastor

WEEKLY SCHEDULE
Sun. - Celebration of Worship.....12:00 p.m.
Wed. - WoW Pastoral Teaching 7:00 p.m.



City of Faith Baptist Church
6420 W. Mitchell Street
West Allis, Wisconsin 53214
Dr. Michael A. Cokes Sr. & Lady Tangle Cokes

Order of Service:
Sundays.....12:00pm
Wed. Bible Study7:00 pm
via Facebook Live

Stay in touch with us by texting the word Cityoffaith to 54244

“A Place of Faith, A Place of Love and A Place of Praise”



Rev. Dr. Demetrius Williams, Pastor
COMMUNITY BAPTIST CHURCH OF GREATER MILWAUKEE
2249 N. Sherman Blvd. • Milw., WI 53208

Weekly Schedule
Church Sun. School 7:45 a.m.
Sun. Worship 9:00 a.m.

Church Phone: 414.445-1610
Fax: 414.449-0252

YOUR CHURCH HERE
Call us at 414-263-5088
or visit us at
2238 N. MLK Drive.
Milwaukee, WI 53212





Community of Grace Baptist Church
1809 W. Atkinson Ave.
Milwaukee, Wisconsin 53206
Office: 414 800-5077
Fax: 414 871-8143
E-mail: cogbcbiz@gmail.com
Facebook: Community Of Grace Baptist Church

Order of Services:
Sun. School..... 9:00 A.M.

Morn. Worship10:00 A.M.

Word on Wed. Bible Study...6:30 P.M.



Corinth Missionary Baptist Church

1874 N 24th Place
Milwaukee, WI 53205
Phone: 414-933-1987
Fax: 414-933-3545
www.corinthmbc.com
Rev. John Laura, Pastor

Weekly Schedule
Sunday School.....9:00 A.M.
Sun. Morn. Worship.....10:45 A.M.
Wed. Prayer Service.....6:00 P.M.
Wed. Bible Study.....7:00 P.M.

Transportation Available
Wednesday - Mission -6 :00 pm
Thursday Choir Rehearsal - 7:00 pm
“A Church Empowering Lives with Gods Word”



CORNERSTONE MISSIONARY BAPTIST CHURCH

2329 North 12th Street
Milwaukee, WI 53205
Pastor Rev. William Jackson
Pastor & Founder
Missionary Arleathia Myers
414-400-2446

Weekly Schedule
Sun. School..... 10:00 a.m.
Sun. A.M. Worship 11:00 a.m.
Tues.- Bible Study/Prayer.....10:00 a.m.



MINISTRIES

CHURCH LISTINGS ARE IN ALPHABETICAL ORDER:
DAMASCUS MISSIONARY BAPTIST CHURCH to
HALLOWED MISSIONARY BAPTIST CHURCH



DAMASCUS
Missionary Baptist Church
2447 N. 27th Street,
Milwaukee, WI 53206
Rev. Vincent L. Montgomery, Pastor
Weekly Schedule
Sun. School 9:30 a.m.
Sun. Worship 11:00 a.m.
Tue.....Mission: 6 p.m.....Laymen: 6 p.m.
Wed.PrayerMeeting..... 6:00p.m.
Wed.BibleClass..... 6:30p.m.
Phone: (414) 374-8282



EPIKOS CHURCH - SHERMAN PARK
3737 N. Sherman Blvd.
Milwaukee, WI 53216
414-963-9010 • info@epikos.org
Pastor Anthony Caples
Sunday Services: 10:00 a.m.



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1138 West Center Street
Milwaukee, WI 53206
(414) 265-0400 • (414) 265-0424
Bishop Prentise Vann, Pastor

WORSHIP SCHEDULE:
Sun. Church School10:00 am
Sun. Morning Worship 11:00 am
Wed. Night Prayer 12 noon & 6:30 pm
Wed. Night Bible Study 7:00 pm
Fri. Night Praise Service 7:00 pm

Fellowship of Love Missionary Baptist Church



Worship Services Temporarily
Held at
New Covenant Baptist Church
2315 North 38th Street
Milwaukee, Wisconsin 53210
Sunday Morning Worship-12:15 p.m.

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3879 N. Port Washington Rd.
Milwaukee, WI 53212
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YOUR CHURCH HERE
Call us at 263-5088 or
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1936 N. MLK Drive.
Milwaukee, WI 53212

God's Glory Church Min.



7017 W. Medford Ave.
Milwaukee, WI 53218
Office: (414) 630-0752
Email: godsglorychurch@sbcglobal.net
Pastors Founders:
Elder O.R. and Evang. A. McCoy

Weekly Schedule
Sun. Worship.....Noon
Wed.BibleStudy.....6p.m.
Prayer every Tuse. & Thur. @ Noon



Pastor/Founder
Jeanetta Perry BA, DP (PAW)

God's Glory Church Ministry
4679 No. 36th Street
Milwaukee, WI 53223
(414)875-0660
godsglorychurch@sbcglobal.net

Order of Services:
Sun. School.....9:30 a.m.
Sun. Worship.....11:00 a.m.
Wed. Bible Study.....6:00 p.m.
Fri.EveningEvang.....6:30p.m.

Staff:
James Hartley • Angela Hartley
Jeanitta Perry • Dorothy Evans
Jessie Reed
Mother Annie Hartly
Jammie Sonders



Grace Fellowship Church of Milwaukee
"Helping God's People To Find Their Place In A Complex World."

Worship Schedule
Sun. Bible Study10:00 a.m.
Sun. Worship 11:15 a.m.

3879 North Port Washington
Milwaukee, WI 53212
414-265-5546
Rev. Andrew & Brenda Calhoun

GREAT FAITH PROGRESSIVE MISSIONARY BAPTIST CHURCH



4767 North Hopkins Street
Milwaukee Wisconsin, 53209
Pastor: Dr. Mark A. Allen, Sr.
Church Office 414-873-2484

Weekly Schedule:
Sunday School.....9:30 a.m.
Sunday Morning Worship.....10:45 a.m.
Bible Study Wednesday..... 6:30 p.m.



"The Church with the Common Touch"



GREATER GALILEE Missionary Baptist Church
"Where Jesus is Lord"
Pastor Johnny C. White, Jr.
2432 N. Teutonia Avenue
Milwaukee, WI 53206
Weekly Schedule:
Sun. School 9:00 a.m.
Sun. Morning Worship 10:30 a.m.
Wed. Prayer & Bible Study
..... 11:30 a.m. & 7:00 p.m.
(414) 562-1110 - Church
www.greatergalileebaptistchurch.org



YOUR CHURCH HERE
Call us at 263-5088 or
visit us at
1936 N. MLK Drive.
Milwaukee, WI 53212

Greater Mt. Sinai Church of God In Christ



5384 North 60th St.
Milwaukee, WI 53218
(414) 463-5035
e-mail: office@greatermtsinai.com
web: www.greatermtsinai.org

Worship Services
Sun. School 9:30 a.m.
Sun. Morning Worship 8:00 a.m.
..... 10:00 a.m.
Tues. PM Prayer 6:00 p.m.
Wed. Bible Study 6:30 p.m.
Fri Intercessory Prayer 7:00 p.m.
Fri. Deliverance Service 7:30 p.m.

Superintendent
Victor C. Davis, Sr.
Pastor
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Greater Spring Hill Baptist Church
Rev. Danny Washington, Pastor

3500 N. 26th Street
Milwaukee, WI 53206
Phone: (414) 875-1926
Website: www.redemptionfc.org

Weekly Schedule
Sunday School.....9:00 am
Sunday Morning Worship.....10:00 am
Sunday Broadcast JOY 1340 - 4:30 pm
Wednesday Bible Class.....7-8:00 pm



GREATER MOUNT ZION MBC
2479 N. Sherman Blvd.
Milwaukee, WI 53210-2947
Office Phone: (414) 871-LORD (5673)
Kenneth E. Cutler, Sr., Pastor

Worship Schedule
Sun. School 9:00 a.m.
Sun. Morning Worship 10:45 a.m.
Wed. Prayer Meeting 6:00 p.m.
Wed. Bible Study 6:30 p.m.



GREATER SPIRIT EVER INCREASING CHURCH
(Service at New Prospect Church)
2407 W. Nash St.
Milwaukee, WI 53206

ORDER OF SERVICE
Sunday Worship.....1:00 p.m.
1st & 5th Sun. P.M. Worship.....6:00 p.m.
Wed. Night Prayer.....6:30 p.m.

(414) 355-4545
MAILING ADDRESS:
7631 W. Glenbrook Rd.
Milwaukee, WI 53223



Growing In Grace Fellowship Church
5202 W. Lisbon Ave.
Milwaukee, WI 53210
Rev. Kenneth Hughes
Pastor/Teacher

Sunday School.....9:30 a.m.
Sunday Worship.....11:00 a.m.
Wed. Open Bible Discussion.....
.....6:30 p.m.
(414) 444-2620



Healing Grace Baptist Church
Rev. Lloyd Wright, Sr.
Pastor, Author & Teacher
5444 W. Fond Du Lac Ave.
Milwaukee, WI 53216
(414) 628-2367

Weekly Services
Sun. School.....9:00 a.m.
Sun. Worship.....10:00 a.m.
PrayerandBibleStudy.....6:30p.m.



Hallowed Missionary Baptist Church
Rev Aaron Morgan, Pastor
3800 N. Washington Road
Milwaukee, WI 53212
(414) 265-5161

Weekly Schedule
Sun. School.....9:30 a.m.
Sun. Morn. Worship.....11:00 a.m.
Wend. Bible Study
& Prayer.....6:00 p.m.



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Call us at 263-5088 or
visit us at
2338 N. MLK Drive.
Milwaukee, WI 53212



MINISTRIES

CHURCH LISTINGS ARE IN ALPHABETICAL ORDER:
HOLY CATHEDRAL CHURCH OF GOD IN CHRIST to
MOUNT ZION MISSIONARY BAPTIST CHURCH

Holy Cathedral Church Of God In Christ



Bishop C. H. McClelland
Pastor
"Holy Cathedral is A Ministry That Touches People"

2677 North 40th Street • Milwaukee, WI 53210
Church Office (414) 447-1967
www.holycathedral.org

Order of Service
Sunday Morning Worship - 8:30 AM and 11:00 AM
Sunday School.....10:00 AM
Sunday Evening Worship.....6:45 PM
Tuesday Prayer.....12:00 Noon
Tuesday Prayer & Bible Band.....7:00 PM
Tuesday Pastoral Teaching.....7:30 PM
Friday Prayer.....12:00 Noon
Friday Evangelistic Service.....7:00 PM

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TV • Channel 55/Cable Channel 15
Word of Hope Broadcast JOY WJYI 1340am •
Mon – Fri 3:15 PM-3:30 PM

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Prisoner Re-entry Services
(414) 447-1965



**Holy Temple Firstborn
MB Church, Inc.**
4960 N. 18th Street
Milwaukee, WI 53209
414-264-4002 (Office)
website:htfirstborn.org
**Dr. Lezar & Lady Burnside
Pastors**

Sunday School.....8:00 a.m.
Sun. Worship.....9:15 a.m.
Tues. Bible Class.....7:00 p.m.
"Changing Lives with a Changeless Word"



**HOLY TEMPLE
Missionary Baptist Church**
4245 N. 60th Street
Milwaukee, WI 53216
Rev. Dextra Hadnot, Pastor

Sunday School9:00 - 10:00 a.m.
Sunday Service.....10:00 a.m.-12:30 p.m.
Sat. Bible Class1:00 p.m.-2:30 p.m.



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(414) 988-8973
houseofprayerrestorationmbc@gmail.com
Rev. Maddie Turner, Jr., Pastor



WEEKLY SCHEDULE
Sun. School.....11:30 a.m.
Sun. Service.....12:30 p.m.
Tue. Bible Teaching.....11:00 a.m.
W.O.W.....12:00 noon



Pastor Jeffrey Coleman
**First Lady Brenda
Coleman**
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**Jesus Is The Way Ministries
(C.O.G.I.C)**
2034 W. Center St.
Milwaukee, WI 53206
Ph: (414) 265-5057
Fax: (414) 265-5029

Sunday School.....10:30 a.m.
Sunday Worship.....11:30 a.m.
Mon.-Fri. Daily Prayer.....10:00 a.m.
Tuesday Night Prayer.....6:00-7:00 p.m.
Thursday Intercessory Prayer - 7:00-7:30 p.m.
Thursday Pastoral Teaching - 7:30-8:30 p.m.

- Family AODA Treatment -
- Transportation Available -

Classes/Services:
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Housing Assistance
Life Skills Training
Parenting Class/ Parent Assistance
Spiritual Support
Education/Academic Skills Development
Domestic Violence Services
Mentoring Prison Ministry



**JERUSALEM
MISSIONARY BAPTIST
CHURCH**
Dr. Donnie Sims
2505 West Cornell St.
Milwaukee, WI 53209
442-4720
Sunday Service.....10:45 a.m.
Wed. Prayer Night.....7:00 p.m.



Kingdom Apostolic Ministries

5017 W. Center St.
Milwaukee, WI 53210
(262) 720-0708
Joan Johnson, Apostle

Service
Sun. Service.....10:00 a.m.



**Bishop Charles D. Watkins,
Pastor**
**KING SOLOMON
MISSIONARY BAPTIST
CHURCH**
2375 N. Vel Phillips Avenue
Milwaukee, WI 53212
(414) 539-3833

Wed. Bible Study.....6:00 p.m.-
7:00 p.m.
Sun. School....9:00 a.m.-10:00 a.m.
Sun. Service.....10:15 a.m.
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The House of the Living God**



**Pastor, Louis Fuller, Sr.
Co-Pastor, Bea Fuller**

3500 N. Sherman Blvd.

Weekly Schedule
Sunday School.....10:30 a.m.
Sun. Morning Worship.....11:30 a.m.
Wednesday Prayer Meeting
& Bible Class.....6:30 p.m.
Church 578-7425



**Lamb of God
Missionary Baptist Church**
8415 W. Bradley Road
Milwaukee, WI 53224
414.355.0931, 414.355.7045(fax)
(email) inquire@TheLambMKE.org
(website) www.TheLambMKE.org
f /TheLambMKE
t @TheLambMKE
Worship Schedule
Sunday School9:00 a.m.
Sunday Worship10:15 a.m.
WOW-Word on Wednesday.... 6:30 p.m.

*Visit us online and join us this
Sunday...Let's experience life and
growth together!*



Micaiah James Young Sr., Pastor
THE LIFE CENTER
3630 W. Libson Ave.
Milwaukee, WI 53208



Sun. School.....9 a.m.
Morn. Worship.....10 a.m.
Eve. Worship.....6:30 p.m.
(on 2nd and 4th Sunday's)
Bible Study Wed.....6:30 p.m.



Life & Liberty Church
2009 W. Hampton Ave.
Milwaukee, WI 53209
Pastor Evangelist Erma Mosley
(Located inside Solid Rock Church)

Sunday School.....2:30 p.m.
Sunday Worship.....4:00 p.m.
Tue.-Fri. Prayer.....12 p.m.-1 p.m.
Wed. Praise & Choir Rehearsal.....
5:00 p.m.
Wed. Bible Class.....6:00 p.m.
All Are Welcome

**Macedonia Missionary
Baptist Church**



Pastor Rodney Cunningham
7265 North Teutonia
Milwaukee, WI 53209
(414) 228-6779 Phone

Weekly Schedule:
Sunday School.....9:00 a.m.
Sun. Worship Service.....10:30 a.m.
Wed. Bible Service.....6 p.m.
*"We're Stepping Into The Kingdom by
Stepping Out on Faith"*
- 2 Corinthians 5:7

**Many Mansions Pentecostal
Ministries, Inc.**



Founder: Pastor Nalls
3131 W. Lisbon Ave.
Milwaukee, WI 53208
Phone: 414-871-1103
E-mail: SonnyKn@sbcglobal.net
Weely Schedule:
Sun. School.....9:30 a.m.
Sun. Service.....11:30 a.m.
Tues. Night Prayer & Study.....6:00 p.m.
St. John 14:2 Vers.

Metropolitan Missionary Baptist Church
1345 West Burleigh St. • Milw., WI 53206
Phone: (414) 562-7200 • Fax: (414) 562-7850
E-mail: mbc100@sbcglobal.net
Rev. Rahdae Redd, Interim Pastor



In Person Worship Services
Sunday School.....9:00 a.m.
Sun. Morn. Worship.....10:00 a.m.
Virtual Worship Opportunities
You can watch services live on our YouTube
Channel: *Metropolitan Missionary Baptist
Church - Milwaukee*
Or
Check Out our Website:
mmbcmke.org.

**Monumental Missionary
Baptist Church**



**2407 W. North Ave.
Milwaukee, WI 53205
(414) 933-2443**
Rev. Roy C. Watson, Pastor
First Lady, Sharon Watson

Weekly Schedule:
Sun. Early Worship 8:00 a.m.
Sunday School 9:00 a.m.
Sun. Morning Worship 10:30 a.m.
Wed. Bible Study 6:30 p.m.



**MOUNT CARMEL
Missionary Baptist Church**
1717 W. Meinecke Ave.
Milwaukee, WI 53206
Rev. Dr. Hugh Davis, Jr. ThM. ThD, Pastor
Sunday School.....9:00 a.m.
Sun. Worship.....10:45 a.m.
Sunday BTU.....6:00 p.m.
Monday Night Mission.....6:00 p.m.
Wed. Night Prayer and Bible Study
.....6:00-8:00 p.m.
Certified Marriage, Drug & Alcohol,
and Pastoral Counselor
Church: 264-2560
Pastor's Study: 264-8001

Mt. Moriah Baptist Church



Rev. Patrick F. Greer, Sr.- Pastor
First Lady Patricia Greer
416 W. Christine Ln.
Milwaukee, WI 53212
(414) 264-5230

Services:
Sun. School.....9:30 a.m.
Sun. Worship Service.....11:00 a.m.



MT. OLIVE BAPTIST CHURCH
5277 North 36th Street
Milwaukee, WI 53209

Sunday School.....8:00-9:15 a.m.
Sunday Service.....9:30 a.m.
Wed. Bible Class.....Noon & 6 p.m.

Church phone 414.461-7755
Home phone 414.226-6075



**MOUNT ZION
Missionary Baptist Church**
2207 No. 2nd St., Milwaukee, WI 53212
Phone 372-7811
Rev. Louis Sibley, III, Pastor

Worship Schedule:
Sun. School.....8:45-10:30 a.m. via Zoom
Sun. Morning Worship.....11:00 a.m.
Wed. Bible Study.....6:00 p.m. via Zoom
Sat. Sun. School.....6-7 p.m. via Zoom

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Rosemary Ollison: KNOW MY HEART

August 15 - December 7, 2025

Experience an inspiring textile collection by an acclaimed Milwaukee artist.



The first solo exhibition of a self-taught creator and storyteller Ollison showcases 30+ years of her rich and intricate fiber practice. The collection, now on exhibit at the Wisconsin Museum of Quilts & Fiber Arts, features a dynamic array of compositions — wall hangings, tapestries, quilts, rugs, drawings and more — all borne from repurposed materials.

- Ollison's talents have been recognized through a Mary L. Nohl Fellowship and City of Milwaukee Artist of the Year honors ... and this new WMQFA exhibit aims to elevate her artwork on a national level.
- Her work has been featured at the Museum of Wisconsin Art, Lynden Sculpture Garden, Northwestern Mutual's Corporate Collection, the Chipstone Foundation and Milwaukee Art Museum.
- Support for this exhibition is provided by the National Endowment for the Arts, Greater Milwaukee Foundation, American Quilt Study Group, Wisconsin Arts Board with support from the National Endowment for the Arts, Judy Hearst – Coldwell Banker Realty, Nirmal Raja and Victoria Findlay Wolfe.



Get tickets and more info now.



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Milwaukee Times

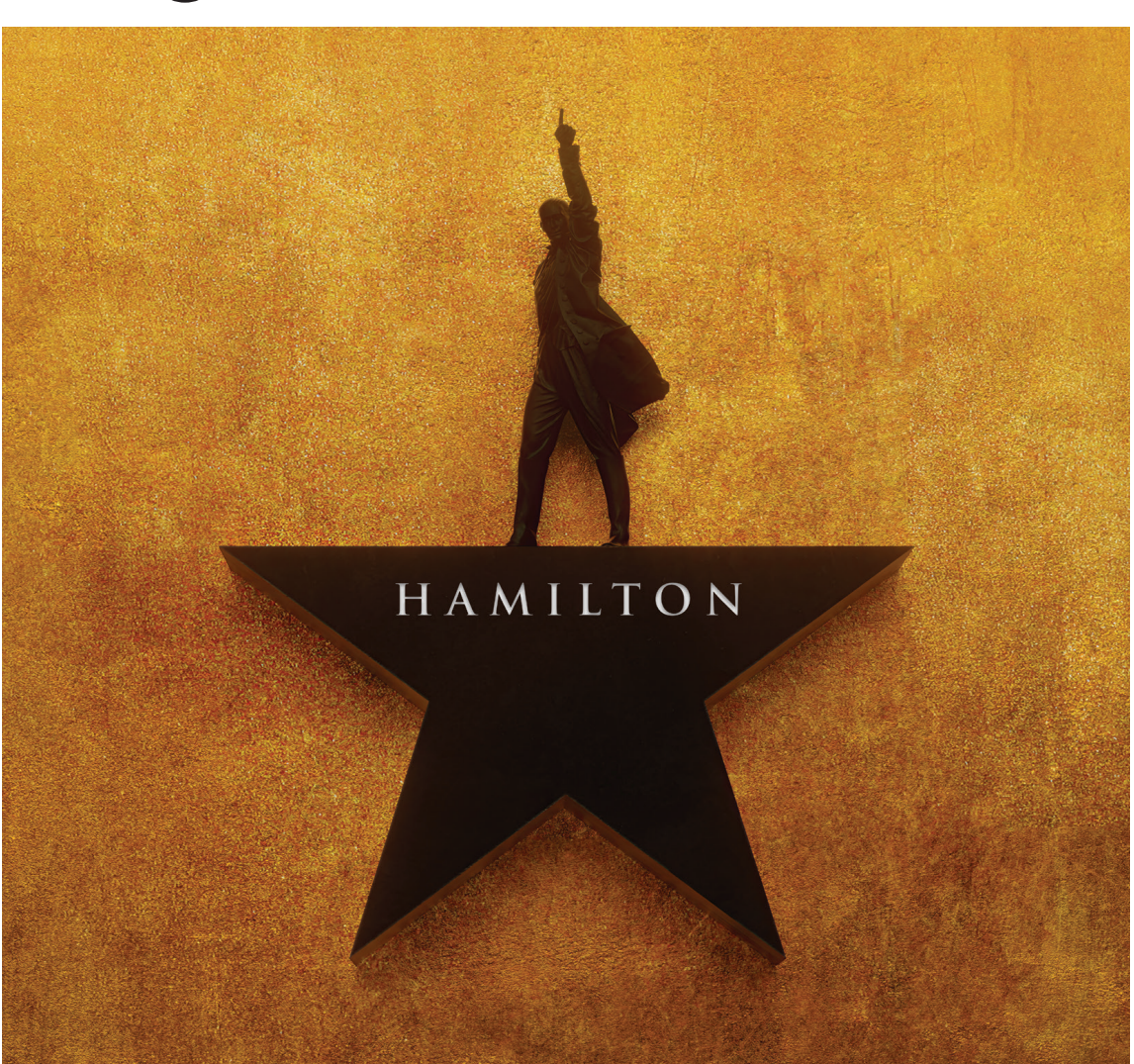
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Sunday Nov. 2nd
Morning Guest Speaker:
PASTOR KURT BOYD

Sunday Nov. 16th
Morning Guest Speaker:
PASTOR JEREMY HENRY

Sunday Nov. 16th
Evening Guest Speaker:
PASTOR OLLIE TAYLOR

Sunday Nov. 30th
Morning & Evening Speaker:
PASTOR TIM RODGERS

Sunday Nov. 9th
Morning Guest Speaker:
PASTOR ROBERT PYLES

Sunday Nov. 23rd
Morning Guest Speaker:
PASTOR LOVELACE REDMOND

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Focus on Health

Brought to you by:



A reality check about alcohol and other drug use

Our culture appears to be awash in alcohol and other drugs. It seems that ads, songs, and TV shows and films portray lifestyles that include all kinds of substances. But does that image really reflect reality?

Not really. In fact, a massive yearly survey found interesting trends about Americans' lifestyle choices.

The Monitoring the Future national survey, found at monitoringthefuture.org, provides information about substance use going back to 1975, and what it says about trends is eye-opening.

Let's start with alcohol, the most commonly used substance in the U.S. It's in-



credible to think, but in the 1970s, the majority of 12th graders—about 80 percent—said they drank in the past month. That began plummeting in the 1990s, and now about one in five high school seniors had a drink in the past 30 days.

That's a really good sign, because the longer someone delays their use of alcohol, the better for their health and well-being. Another good sign is that while the majority of adults had a drink in the past month, that percentage

is decreasing.

Warning Signs Flashing

Although the long-term trendlines involving alcohol are going in the right direction, a number of warning signs are flashing about other substances, requiring our attention.

The study found that in 2024 there were concerning increases in the use of nicotine pouches, cannabis, vapes, psychedelic drugs, and stimulants such as amphetamines and cocaine. The use of these drugs is lower than alcohol, but it's worth paying attention to the growing acceptance of vaping, for example, or using nicotine pouches, products that are relatively new.

What to do? The first thing is to get armed with facts so that you can have sensible and sensitive conversations about substance use. Consider why you or your friends are turning to substances. To relieve anxiety or insomnia? To fit in with friends? If so, there are substance-free ways to deal with these issues. Finally, remember that you are not alone. If you're choosing to cut down or eliminate substances from your life, you're in good company—maybe even the majority of Americans.

To learn more, go to rise-drugfreemke.org.

Image courtesy of pexels.com.

Simple ways to eat smart during the holidays — without guilt or restriction

As the holiday season rolls in, so do the casseroles, pies, and plates piled high with love — and calories. For many of us, the holidays are a time of joy, family, and food traditions that connect us to our roots. But they can also bring a mix of guilt and over-indulgence, especially when health goals are put on pause "until January."

Dr. Oyinkansola Awodiya, a board-certified internal medicine physician and founder of Ohonay Health, is on a mission to change that mindset. Through her work in culinary and functional medicine, she helps people — especially busy professionals and communities of color — understand how to eat with intention, not restriction.

"It's important to prepare earlier before the holidays to really understand, like, 'Okay, what are my goals? What are my goals for the holidays? How do I keep myself on track during this time to make sure that I am not falling completely off?' A lot of people do it for the New Year. They're like, 'Okay, well, the New Year is coming up. I'll wait for January 1st to start over.' But you don't really have to start over. You can implement strategies that will keep you consistent," Dr. Awodiya told BlackDoctor.

Here's how:

1. Plan ahead for the season

From Halloween candy to Thanksgiving leftovers and Christmas potlucks, the season can feel like one long food marathon. Dr. Awodiya encourages people not to restrict themselves, but to be strategic.

"A lot of times people aren't

on a regimen.

They're just eating whatever... Even if you don't meal prep, you should have an idea. You should already start planning a healthy lifestyle now, so you're not totally thrown off during the holiday season," she added.

One of her go-to strategies? Prioritize protein in the morning, which helps stabilize your blood sugar, drink a lot of water and limit your sugar intake throughout the day.

"When the holidays come, do a schedule... So, when you plan that ahead of time, you know, 'Okay, on the other days, what should I be focused on? I should be focused on fiber, which is a lot of vegetables. I'll be focused on my fruit intake,' because you know for the next couple of days, you probably won't be eating as much of those," Dr. Awodiya advised.

2. Eat smart, not strict

For many, holiday eating brings guilt — especially in communities where food is an expression of love. From Grandma's mac and cheese to Auntie's sweet potato pie, these dishes carry cultural meaning. Dr. Awodiya emphasized that the goal isn't to eliminate them, but to enjoy them mindfully.

One of her favorite tips is to pay attention to food orders.

"If you have a plate of food, eat the protein and veggies first," she said. "Protein does not digest as fast as eat-



MPS Photo

ing your carbs first. Because it doesn't digest as fast, you're going to get fuller faster if you eat this way, and you won't be able to eat the rest of the stuff for your meal. Versus if you eat the carbs first, the carbs will digest faster, and you're going to feel hungrier, even though you just ate a lot of food. You're going to end up finishing all your food."

She also encourages moderation rather than avoidance.

When people label foods as 'good' or 'bad,' they create a toxic relationship with food, Dr. Awodiya explains. You don't have to ban your favorite dessert. You can have a small piece, enjoy it, and move on. That's how you build a healthy balance.

3. Try healthy holiday swaps

While tradition is important, Dr. Awodiya believes in small tweaks that can make big differences without compromising flavor.

Instead of deep-frying the turkey, bake or roast it. For sweet potatoes, she recommends cutting down on brown sugar or skipping the marshmallows altogether.

"Sweet potatoes are already naturally sweet," she says. "You don't need to add so much sugar on top."

For sides like green beans,

skip the bacon and cook them fresh with herbs and a little salt and pepper. Sometimes simple is healthier — and still delicious.

4. Plan for busy schedules

As a traveling physician, Dr. Awodiya knows firsthand how easy it is to let nutrition slide during hectic times.

"A lot of times, as busy professionals, we put our health on the back burner, so we try to get everything done," she noted. "We even go on a holiday without really eating. We've probably had something small in the morning, skipping meals without even being aware, just getting really busy and occupied with our work, not really thinking about, 'What does my body need?'"

But those habits backfire.

"The food that you eat is going to fuel your body. It's going to give you that energy to do the things that you need to do and actually make you more productive. Because when you have that energy, you're more likely to be productive, you're more likely to feel less afternoon crashes, you're more likely to just get so many things [done] throughout the day," she added.

Her advice: be intentional and mindful. Schedule meals like meetings, and if possible, work with a wellness coach or accountability partner to stay consistent.

"I tell people all the time, the best time to prioritize your health is when it's busy," Dr. Awodiya noted.

5. Use food as medicine

Through her background in culinary and functional medicine, Dr. Awodiya also teaches patients to see food not just as fuel, but as healing.

Even if you don't have a diagnosis yet, food can treat your burnout, your fatigue, your stress.

"When you start to feed your body the right type of nutrients, you can actually calm a lot of the inflammation in your body. Your body is not as inflamed, so it's not as tired, you're not as fatigued, you're not as stressed constantly, and you're not going to be as burnt out because you're not as stressed all the time," Dr. Awodiya said.

She continued, "When you're using food as medicine, to treat your everyday symptom of how you feel, eating towards your goal—like, 'I need energy today, I need energy to carry out my business'—whatever it is, you eat towards that. And ultimately, because you're decreasing inflammation in your body, you're decreasing disease."

That's especially relevant in the black community, where conditions like diabetes and hypertension remain disproportionately high. Dr. Awodiya has seen this firsthand while working across the country — from Oklahoma to Houston — where food deserts and limited access to healthy options have left many communities struggling.

Eighty percent of diseases can be prevented through lifestyle changes, she says. We just have to start earlier and make wellness education more accessible.

(Continued on pg. 14)

Spotlight on Community

Getting to know the organizations and individuals helping make our community better

Our Daily Bread: Thankful for stories of success

By William S. Gooden with
Our Daily Bread Community
Outreach

During the season of Thanksgiving many are thankful to have their families around them. Some in our community though are even more grateful for that opportunity and grateful for the help they had from Our Daily Bread (ODB).

Proven success stories

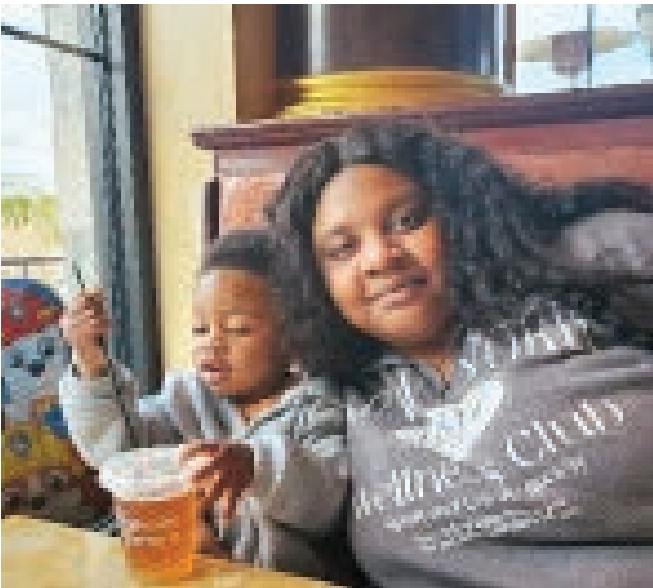
At ODB Community Outreach Center, Inc., we believe every mother deserves a second chance — and every child deserves a loving home. These stories are a powerful reminder that with the right support, determination, and faith, restoration is possible.

A journey of redemption and reunification.

When our client, Jerrica Byers, faced the heartbreaking reality of having her newborn son placed in foster care due to past choices and an unhealthy lifestyle, she refused to give up.

Determined to rewrite her story, she embraced every opportunity to grow, heal, and rebuild her life.

Although Child Protective Services outlined specific requirements for reunification, Jerrica took additional voluntary steps by enrolling in a treatment program, show-



Pictured are (left photo) former clients Jerrica Byers and her son, Alexander; and (right photo) Monifa Johnson.

ing her deep commitment to becoming the mother her son deserved. Her dedication began to shine through — supervised visits soon transitioned to unsupervised ones, and within six months, her visitation hours were extended. Over time, those hours grew into overnight weekend visits as she continued to demonstrate consistency, responsibility, and love.

Throughout this journey, the Jerrica maintained employment, working temporary full-time positions while searching for a permanent job. After 17 months of steady progress, the courts recognized her transformation and granted full reunification with her son. On Oc-

tober 10th, she regained full custody — and just ten days later, she secured permanent full-time employment with U.S. Bank.

From the very beginning, Our Daily Bread Community Outreach Center, Inc. stood by her side, providing unwavering emotional, financial, and practical support. Even though our agency receives no compensation when babies are placed in foster care, we invested our time, resources, and hearts into this family — and every moment was worth it.

Today, Jerrica and her son, Alexander, are thriving together. Moving forward, Our Daily Bread will continue to walk beside her, offering

guidance to help her understand parental rights, local ordinances, and ways to protect her family from future challenges.

From program participant to community leader

Our client, Monifa Johnson, a devoted mother of three, was enrolled in our Pregnancy Program for four years. During her time with us, she actively participated in community events, facilitated a mommy support group, and assisted with several agency projects. Her dedication to personal growth and community service stood out from the very beginning.



With our support and encouragement, she returned to school and earned a Certificate in Real Estate. She later completed an eight-week business course, where she gained foundational knowledge about nonprofit management.

Shortly after, she successfully launched her own nonprofit organization, Men Stand Up, which focuses on helping men reintegrate into the community after incarceration.

In August, she took another major step forward by enrolling at Milwaukee Area Technical College to pursue a Bachelor's Degree in Real Estate.

Her journey reflects the mission of ODB Community Outreach Center, Inc. — to build mature, independent, and successful young leaders. She embodies the strength, perseverance, and determination that our programs aim to cultivate.

We are deeply grateful for the continued support of our community, sponsors, and partners who make success stories like hers possible. Together, we are transforming lives and building stronger families and communities.

Cornerstone Missionary Baptist Church

Celebrates A Milestone

The 57th Pastoral Anniversary of
Pastor William Jackson

Pastor William Jackson, pastor and founder of Cornerstone Missionary Baptist Church and the *longest-serving Baptist Pastor in Milwaukee*, invites you to a service in celebration of the 57th anniversary of his ordination.



Pastor William Jackson



Guest Preacher:
Rev. Christian E. Jackson

Sunday, December 7, 2025 • 3:30 p.m.
Rock Hill Community Baptist Church
1200 West Burleigh Street • Milwaukee, Wisconsin
Guest Preacher:
Rev. Christian E. Jackson
Pastor, Greater Grace Missionary Baptist Church
Brentwood, N.Y.



MINISTRIES

CHURCH LISTINGS ARE IN ALPHABETICAL ORDER:
NEW COVENANT MISSIONARY BAPTIST CHURCH to
REVEAL COMMUNITY CHURCH

New Covenant Missionary Baptist Church



Rev. Dr. F. L. Crouther, Pastor
2315 N. 38th Street
Milwaukee, WI 53210
Phone: (414)873-1221 Fax: (414)873-8614
E-Mail: Newcovenantbc2315@wi.rr.com

Weekly Schedule
Sunday Worship.....9:30 a.m.
Sunday School.....9:30 a.m.
Wed. Bible Study...10 a.m. & 6:30 p.m.(-
Virtual)
Sat. Church School.....9:00 a.m.(Virtual)



**YOUR CHURCH
HERE**

Call us at 263-5088 or
visit us at
**2238 N. MLK Drive.
Milwaukee, WI
53212**

New Creation Missionary Praise Church



1404 W. Center Street
Milwaukee, WI 53206
(414) 372-7544 (Church)
(414) 510-5367 (Cell)

Order of Service
Sunday School.....9:30 a.m.
Sunday Worship.....11 a.m.
Thurs Prayer Service.....6:30 p.m.
Thurs Bible Study.....7:00 p.m.

Food Pantry
Food Bags* 11 a.m. - 1 p.m.
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Hot Meals 2 p.m. - 5 p.m.
T.V. Ministry every 2nd Tue. of
the month on Channel 96,
8-9 p.m.



**YOUR CHURCH
HERE**

Call us at 263-5088 or
visit us at
**2238 N. MLK Drive.
Milwaukee, WI
53212**



Rev. Dr. Terrell H. Cistrunk
Pastor

New Dawn Worship Center

3276 N. Palmer Street
Milwaukee, Wisconsin 53212

PH: (414) 393-1290
FX: (414) 393-1234

SUNDAY
Sunday School 9:30 AM
Sunday Worship 11:30 AM

Thursday
Prayer 5:30 PM
Bible Study 6:30 PM



New Direction
Christian Church



Pastor Jarett Williams
2127 W. Garfield Ave.
(414) 460-3339 (Cell)
NdccMilwaukee@gmail.com

Weekly Worship Services
Sun. School.....8:00 a.m.
Sun. Morn. Worship.....9:00 a.m.
Wed. Prayer Meet.5:00 p.m.
Wed. Bible Study.....6:00 p.m.



NEW HOPE BAPTIST CHURCH
Rev. Dr. Archie L. Ivy, Pastor/Teacher
2433 W. Roosevelt Drive
Milwaukee, WI 53209
Phone (414) 871-0350 • Fax (414) 871-4219
E-mail: newhopebc@ameritech.net

Weekly Schedule
Sun. Worship 9:30 a.m.
Sun. School 8:00 a.m.
Wed. Morning Prayer & Bible
Study.....10:30 a.m. & 6:00 p.m.
Mid-week Service (last Wen. of the month)
.....6:00 p.m.
"Partnering with God, Practicing Biblical
Principles, Strengthening Families"



**New Life New Beginnings
World Ministry & Outreach C.O.G.I.C**
2516 West Hopkins Street
Milwaukee, WI 53206

Evangelist Margaret Stone, Pastor
Sunday School.....10:00 a.m.
Worship Service.....11:00 a.m.
3rd Tues. The Ecumenical Prayer.....6:30 p.m.
Wed. Prayer Service.....10:45 a.m.
Last (2) Wed. Freedom from
Addiction Ministry.....11:15 a.m.
Wed. Food Pantry.....12:00 noon
Fri. Prayer, Miracle, Prophetic Word.....7:00 p.m.
Every 1st Weekend
Revival Service: Fri. - 7:00 p.m. • Sat. - 7:00 p.m.
Sun. Evening - 6:00 p.m.

www.highergroundchristianwomensmovement.org

New Outlook Ministries



138 W. North Ave.
Milwaukee, WI 53212
(414) 406-0258

Weekly Schedule:
Sun. School.....9:00 a.m.

Sunday Morning
Worship.....11:00 a.m.

"Thou Art Worthy O Lord" - Revelations 4:11



**Pastor Benjamin L. Yancy &
First Lady Norma J. Yancy**
**NEW PARADISE
Missionary Baptist Church**
2353 West Fond Du Lac Ave.
Milwaukee, WI. 53206
Tel: 414-316-9014
www.npubc.org

Worship Services:
Sun. Morning Worship.....8:45 a.m.
Tues. Bible Sharing.....6:30 p.m.

"Come Spend A Day In Paradise"

**NEWPORT MISSIONARY
BAPTIST CHURCH**



2237 N. 11 St.
Milwaukee, WI 53205
(414) 265-5881
[newportmissionarybaptistchurch@
gmail.com](mailto:newportmissionarybaptistchurch@gmail.com)

Order of Service
*Sunday School 9:30 a.m.
Morning Worship 11:00a.m.

Rev. Anthony D. Smith, Pastor

The Open Door Christian
Worship Center Church, Inc.



Senior Pastor: Apostle Kenneth Lock Sr.
and Pastor: Apostle Michele Lock

2456 West Auer Avenue
Milwaukee WI 53206
Phone:(414) 444-5727

Sun. A.M. Worship.....8:30 a.m.
Sun. P.M. Worship.....12 noon
Sun. Corporate Prayer.....10:00 a.m.
Tues. Prayer.....6:30 p.m.
Tues. Bible Study.....7:00 p.m.



**Philadelphia Missionary
Baptist Church**
2028 W. Cherry St.,
Milwaukee, WI 53205
Phone:(414) 344-2400 • Fax:(414)344-0389
E-Mail: philadel.church@att.net
Rev. Maddie Turner, Sr., pastor
Pastor Hours: 10 a.m. - 12 noon

Weekly Meetings and Activities:
Sunday School.....10:00 a.m.
Sunday Worship.....11:00 a.m.
Prayer Meet/Bible Class(Zoom).....Tus. 6-7 p.m.
Zoom ID: 861 7625 3012 • Pass.:747499(Cell & Tablet)
For Phone calls: 1-312-626-6799, ID:86176253012#US to hear
Motto: For with God all things are possible

Pilgrim Baptist Worship Center



"A New Testament Church"
Rev. George M. Ware Pastor
2975 N. Buffum St.
Milwaukee, WI. 53212
**P.O. Box 241772
Milwaukee, WI. 53224**
Sunday Church
School.....9:30 a.m.

Sunday
Worship.....10:45 a.m.
Wed. Prayer Meeting & Bible
Study7:00 p.m.

Church Office #: (414) 265-7171

PILGRIM REST MISSIONARY BAPTIST CHURCH

*"Faith in Action:
Tracing a Legacy of Love"*

**Rev. Demetria C.
McCroskey,
Pastor**

3456 North 38th Street,
Milwaukee, Wisconsin 53216
Church Phone: 414-873-1045

Website:
www.pilgrimrestmilwaukee.org
E-mail:
pilgchurch@sbcglobal.net

Sunday Church School 8:00 a.m.
SundayWorship.....9:15a.m.
Mon. SisterCircle.....6:00p.m.
Tues. Bible Class12:00 noon
Tues. Bible Class6:30p.m.
Thurs. Bible Class1:00 p.m.

Call the church office for details!



Prince of Peace Baptist Church
3701 North 35th Street
Milwaukee, WI 53216
(414) 444-6700 • (414) 444-6701 fax
Steven R. McVicker, Pastor

WEEKLY SCHEDULE
Sunday School.....9:00 am
Sunday Worship.....10:00 am
Tuesday Bible Class6:00 pm
Tuesday Prayer.....6:00 pm
Thurs. Choir Rehearsal.....5:00 pm
Welcome to Peace



**Senior Pastor Evangelist
Barbara Williams**
Co-Power Elder Dexter Williams
Co-Power House Deliverance Church
4344 N. 27th St.
Milwaukee, WI 53216
414-442-2234

Sunday School.....9:30 a.m.
Sunday Morning Service.....11:30 a.m.
Tuesday Night Prayer Service.....7:00 p.m.
Wednesday Bible Study.....7:00 p.m.
Friday Community Food Pantry.....2-4 p.m.
Transportation Available
(414) 449-0122

Progressive Baptist Church



"Equipping God's People,
Building God's Church,
Advancing God's
Kingdom"

Pastor Walter J. Lanier
8324 W. Keefe Avenue
Milwaukee, WI 53222
Phone: 414-462-9050

Worship Schedule:
Sun. School.....9:00 a.m.
Sunday Morning Worship.....10:00 a.m.
Wednesday Bible Study.....Noon
Wednesday Bible Study.....6:45 p.m.

Website: www.progressivebaptistmilwaukee.org



**Prayer House of Faith
Pentecostal Church, Inc.**
4778 N. Hopkins St.
Milwaukee, WI 53209
(414) 466 - 3807
Alice O. Green, Founder
Dr. Shane E. Rowe, Sr. &
Pastor Lekeesha C. Rowe, Senior Pastors

Children's Min. Sun.....11:30 a.m
Sunday Worship.....12 Noon
Tuesday Prayer/Bible Class.....6:30 p.m.
www.prayerhouseoffaith.org

Reveal CHURCH



Reveal Community Church
Rev. James Bufford, Jr., Pastor
5856 North 75th Street
Milwaukee, WI 53218
Telephone: 262-744-4857

Weekly Service:
Sunday.....2:00 p.m.



MINISTRIES

CHURCH LISTINGS ARE IN ALPHABETICAL ORDER:
RISEN SAVIOR COMMUNITY BAPTIST CHURCH to
ZION HILL MISSIONARY BAPTIST CHURCH



Rev. Dwain E. Berry -Pastor
Risen Savior Community Baptist Church
3105A N. 12th Street
Milwaukee, WI 53206

Services:

Sunday School	9:00 am
Sunday Worship	11:00 pm
Wed. Prayer Meeting	6:00 pm

Phone (414) 748-5705

Rose of Sharon Deliverance G.O.G.I.C.



**623 W. Center Street
Milwaukee, WI 53209
(414) 873-0933**
**Pastor James Grant, Sr.
Co-Pastor, Kimani Grant**

Weekly Schedule

Sun. School.....	9:30 a.m.
Sun. Service.....	11:00 a.m.
Wed. Night Bible Class.....	7:00 p.m.
Fri. Night Service.....	7:00 p.m.



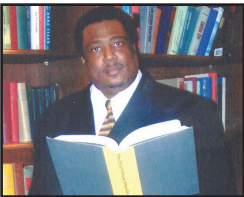
SHILOH BAPTIST CHURCH
4801 West Capitol Drive
Milwaukee, WI 53216
(414) 444-1200 • (414) 444-1212 fax
Rev. Dr. Brandon Robinson, M.Div., Th.D.
First Lady Loletha Robinson

WEEKLY SCHEDULE

Sunday School.....	9:00 am
Sunday Worship.....	10:30 am
Tuesday Bible Class.....	6:00 pm
Thurs. Choir Rehearsal.....	6:00 pm

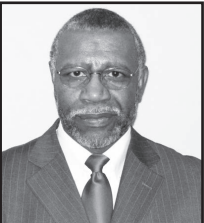
Come Home to Shiloh

Showers of Blessings Fellowship Church



Sunday Worship Service
4260 N. 50th Street
(around the back on Marion)
Sunday Morning - 11:00 A.M.
(414) 502-9412
showersofblessings1@gmail.com
24 Hour Prayer Line:
(414) 502-9412
Dr. Darry Tucker - Pastor
Dr. Paula Tucker - First Lady

SAINT GABRIEL'S C.O.G.I.C.



Rev. Lee A. Shaw, Pastor
5375 North 37th St. • Milw., WI 53209
(414)795-6397

ORDER OF SERVICE

Sun. School	9:00-10:00 a.m.
Sun. Worship ...	10:30 a.m.-12:30 p.m.
Tue. Bible Study	7:00-8:00 p.m.
Wed. Nicotine Treatment.....	6:00p.m.

St. John's United Baptist Church
Dr. Robert T. Wilson, Sr., Pastor
2439 West Hopkins St.
Milwaukee, WI 53206
Tel: 414-871-4673 • Fax: 414-871-2373
email:st.johnsunitdmbc@yahoo.com

Order of Service

Bible Class – Wed.- 7 p.m.
via Tele-conference
Sun. School/Seed Ministry – Sat.6
p.m. via Zoom
Sun. Morning Worship – Sun. 10 a.m.
Streaming live via Facebook



ST. MARK
African Methodist Episcopal Church
1616 W. Atkinson Avenue
Milwaukee, WI 53206
Rev. Joy L. Gallmon, Pastor

Weekly Schedule:

Sunday School.....	8:30 a.m.
Sun. Worship.....	10:00 a.m.
Wed. Bible Study.....	10 a.m. & 7 p.m.
Wed. Bible/Prayer Service -	5:30 p.m.

Phone: 562-8030

St. Matthew C.M.E.



Rev. Dr. Richard D. Shaw, Pastor
7500 N. 76th St. • Milw., WI 53223
(414) 562-7580

Weekly Schedule:

Sun. Service.....	8:30 a.m.
Wed. Bible Study.....	Noon & 6 p.m.
Young Adult Connect Services - (4th Sun. of the Month).....	10:30 a.m.



Rev. Oscar Elim
St. Peter Missionary Baptist Church
EACH ONE REACH ONE
7283 W. Appleton Avenue
Milwaukee, Wisconsin 53216
Phone: (414) 442-6389
Email: spmbc@att.net

Sun. School.....	9:00 a.m.
Sun. Morning Worship.....	10:00 a.m.
Wed. Bible Study/Prayer.....	6:00 p.m.

Online 1-213-992-4634
Radio Ministry: WGLB 1560AM
Thursdays from 2:00-2:30 p.m.



SaintPaul's
An Episcopal Church For
The City of Milwaukee

**ST. PAUL'S
EPISCOPAL CHURCH**
914 East Knapp Street
Milwaukee, WI 53202
Rev. W. Bradley Toeppen, Rector

**Sunday's Worship at
8:00 a.m. and 10:15 a.m.**
Holy Eucharist, Music, Nursery
Handicapped Accessible
(414) 276-6277



ST. TIMOTHY COMMUNITY Baptist Church
3701 N. Teutonia Milwaukee, WI 53208
Rev. Mose A. Fuller, Pastor
Home: (414) 871-2933
Church: (414) 445-2958

Sunday Church School....9:30 A.M.
Sunday Worship.....10:45 A.M.
Wed. Prayer Meeting & Bible Study6:00 P.M.



TABERNACLE COMMUNITY BAPTIST CHURCH
"A preaching, teaching, healing community of faith.." Matt. 4:23
2500 West Medford Ave. • Milwaukee, WI 53206
OFFICE: 414 -562 -1129 • FAX: 414-562-4713
EMAIL: WWW.TCBCHURCH.COM
Senior Pastor: Donna Childs

Our Weekly Worship Schedule

Church Sun. School	8:30 a.m.
Celebration of Worship	10:00 a.m.
Tuse. TIPS for Growth (Prayer & Study) & AWANA (youth).....	6:30 p.m.

Temple of Judah Church



Pastor David W. Stokes
8620 W. Fond du Lac Ave.
Milwaukee, WI 53225
Inside Redeem Pentecostal Church
Office Phone: (414) 326-4811

Weekly Services:

Judah Cafe.....	10:00 am
Sunday School.....	11:00 am
Sunday Service.....	12:15 am

Voice of Faith Broadcast on JOY1340 AM.....Sundays @ 5:30 pm

Tue. Mana & Bible Study.....7:00 pm
Prayer Manna Mon.-Fri.....6:00 am
"A Christ Centered Ministry-Bringing people into the presence of God"



TRINITY Missionary Baptist Church
Pastor: Rev. Harold Turner

Sunday School.....	9:30-10:30 a.m.
Sunday A.M. Worship.....	10:45-11:45 a.m.
Bible Class/Saturday.....	10:00-11:00 a.m.

(Masks Are Required)

Phone: (414) 263-1919 • (414) 333-8265
2829 N. Teutonia Ave. • Milwaukee, WI 53206

True Heart Missionary Baptist Church



4300 West Villard Avenue
Milwaukee, WI 53218
(414) 464-0390
Rev. Robert McFarland, Sr., Pastor

Weekly Schedule:

Sun. School	9:00 a.m.
Sun. Morn. Worship...	10:30 a.m.
Tues. Prayer Mtg & Bible Study.....	6:30 p.m.

Union Hill Missionary Baptist Church



Rev. W.J. Walker, Pastor

2190 N. 49th Street
Milwaukee, WI 53208
Church: (414) 444-4244
Office: (414) 444-8947
Fax: (414) 444-7924

Weekly Schedule

Sun. Worship.....	10:30 a.m.
Tus. Bible Study....	6:00 p.m.
Wed. Mission.....	3-7 p.m.
Wed.Fellowship...	6:00 p.m.



Unlimited Life in Jesus Christ Christian Church
623 W. Cherry St.
Milwaukee, WI 53212
Inside the Boys and Girls Club
Pastor Sudie B. Jones

Services:

Sunday School.....	10:00 am
Sunday Service.....	11:00 am
Tue. Choir Rehearsal.....	6:00 pm
Tue. Prayer & Bible Study	6-7:30 pm
Tue. Youth Meeting.....	6-8:00 pm
Wed. Recovery Services.....	6-7:30 pm

John 14:27

The Upper Room Baptist Church



Pastor: Willie F. Brooks Jr.
2200 W. Center Street
Milwaukee WI 53209
414/265-5455

Worship Schedule:

Sunday School	9:30 a.m.
Morn. Worship.....	11:30 a.m.
Mon. Women Circle Min.	
Wed. Bible Study.....	7:30 p.m.
Soar Men Min.....	11:30 a.m.



Rev. Edward E. Thomas
Victory Missionary Baptist Church
2661-63 N. Teutonia Avenue
Milwaukee, Wisconsin 53206
Office: (414) 265-4850 / Fax: (414) 265-3817

Order of Service (Temporary Change)
Sunday's Order of Service

Sun. Morning Worship.....	10:15 A.M.
Wednesday Evening.....	8:00 P.M.

Prayer Line With Victory
#564-888-5460/PC 661174



YOUR CHURCH HERE
Call us at 263-5088 or
visit us at
**2238 N. MLK Drive.
Milwaukee, WI 53212**

Way of the Cross Missionary Baptist Church



1401 West Hadley Street
Milwaukee, WI 53206
Office: (414) 265-2725
Rev. Dr. Eddie Nash, Sr.,
Pastor

Weekly Schedule

Sunday School	9:30 a.m.
Sunday Morning Worship.....	10:30 a.m.
Tuesday	
Noon Day Mission.....	11:00 a.m.
Evening Mission.....	6:00 p.m.
Tuesday Prayer Meeting.....	6:30 p.m.
Bible Study.....	7:00 p.m.



ZION HILL MISSIONARY BAPTIST CHURCH
1825 W. Hampton Ave. • Milw., WI 53209
Rev. Russell Williamson, Pastor

Sunday School.....	8:30 a.m.
Sunday Worship.....	10:00 a.m.
Wednesday Prayer Service and Bible Stud.....	6:00 p.m. - 7:00 p.m.

(Tele-conference #: 1-571-317-3122; Access code:516652437#)
(Online Bible Study will continue thru March 2022)
Phone: (414) 263-1777

www.milwaukeetimesnews.com

An HTGroup, LLC Publication



November 27, 1990 – Charles Johnson awarded National Book Award for fiction for *Middle Passage*.

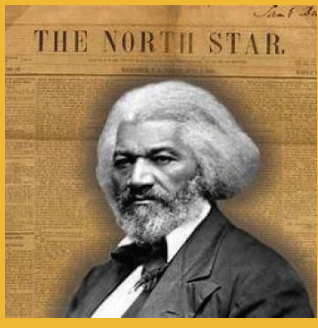
November 28, 1960 – Novelist Richard Wright died.

November 29, 1908 – Supreme Court Justice Thurgood Marshall was born.

November 30, 1897 – J.A. Sweeting patented cigarette-rolling device.

December 1, 1987 – Carrie Saxon Perry began her term as the mayor of Hartford, CN, becoming first black female mayor of a major U.S. city.

December 2, 1884 – Granville T. Woods patented the telephone transmitter.



December 3, 1847 – Frederick Douglass published the first issue of *North Star*, a powerful antislavery newspaper.

Metropolitan Missionary Baptist Church
Now Accepting Applications: Senior Pastor Role

Metropolitan Missionary Baptist Church in Milwaukee, WI is actively seeking a Senior pastor who is divinely called to lead our congregation. Individuals with a strong commitment to ministry and a passion for shepherding God's people are invited to explore the qualifications and application process in greater detail on our church website.

For complete information and to apply please visit www.mmbcmke.org.

Application Deadline: 12/31/25

Eat smart
(Continued from pg. 10)

6. Be mindful during stressful times
The holidays can also bring emotional eating — reaching for sweets or fast food to cope with stress. Dr. Awodiya encourages slowing down before reacting.

“A lot of times when we’re stressed out, there’s a disconnect in our body. There’s something going on in our body, and we want to get rid of the pain. We don’t like the stress, we want to feel good faster, and it’s easy to grab that candy bar...it’s easy to run to McDonald’s and eat it to make yourself feel better. But what people don’t realize is that the stress doesn’t go away—those foods are just masking what’s going on,” she explains.

Mindful choices, on the other hand, help heal both body and mind.

“It’s slowing down and saying – ‘Okay, I’m feeling stressed out. I’m overwhelmed;” Dr. Awodiya shared.

She advises slowing down for five to ten minutes and asking yourself, ‘What does my body need right now?’ ‘I’m stressed out, my body’s inflamed.’ ‘What does my body need now? What is going to heal me?’ Because when you are stressed, cortisol is high, your hormones are all over the place.

“Always ask that question. Because if you don’t ask that question, you’re just going to jump into the next thing that’s going to make your body feel good...The stress is not fixed,” she adds.

7. If you slip, give yourself grace
Dr. Awodiya’s final message is simple: be kind to yourself. “If you ate the cake... wake up the next day, eat a salad. Eat some protein. Eat some broccoli. Give your body something that’s going to heal your body the next day if you do eat like that. And give yourself another opportunity to put the right food in your body, to move

your body, to be your healthiest, to feel your greatest. And that’s pretty much it,” she says.

She encourages finding joy in healthy habits — walking after dinner, cooking at home with loved ones, or trying new recipes that blend culture and nutrition.

“Just give yourself grace during this time period to allow your body to transition through the holidays. Make sure to stay active. Exercise three to four times a week,” Dr. Awodiya concluded.

Dr. Awodiya’s smart eating resources
If you’re ready to make practical, healthier choices this season, here are a few of Dr. Awodiya’s favorite resources and grocery shopping tips:

- **Use food label scanning apps.** Try tools like Yuka or EWG’s Food Scores to scan barcodes and instantly see how healthy your food choices really are — from additives to sugar content.
- **Read ingredient lists carefully.** If sugar or high-fructose corn syrup is one of the first ingredients, put it back. Look for products lower in added sugars and saturated fats.
- **Go for real, not just “pretty packaging.”** Just because something says “high protein” or “all natural” doesn’t make it healthy. Always flip the box and read the label.
- **Educate yourself consistently.** Nutrition isn’t one-time learning. Follow credible wellness experts or work with a health coach who can help you understand what works best for your body.
- **Plan for access.** If you live in a food desert or have limited grocery options, make the most of frozen vegetables and fruits — they’re often just as nutritious and last longer.
- **Seek accountability.** Working with a coach or wellness partner keeps you consistent, Dr. Awodiya says. Health is a team effort.

CORNERSTONE MISSIONARY BAPTIST CHURCH
Rev. William Jackson, Pastor

Hosting:
Soul Food Sundays

When:
Every Sunday
12:00 Noon - 6:00 P.M.



Where:
2821 North 24th St.
Milwaukee, WI 53206
All Are Welcome!

BIRTHDAY SALUTES
"WISHING YOU ALL THE BEST!"



November 1st Nicole Hutcherson	November 13th Vera Clark Jasyr Henley
November 2nd Lawrence Chamberlain, Sr.	November 14th Ebony Irby David Robertson
November 3rd Cilltion Dear, Sr. Cilltion Dear, Jr.	November 15th Abe Taylor Daria Graves Nathan Conyers
November 4th Michael Davis Justin Hutcherson Shirley Warren	November 16th Jeryca Graves-Sinclare
November 5th Lawrence Chamberlain, Jr. Wendell Thomas	November 18th Janie Saffold Shequilia Henderson
November 6th Carla Smith Maurice Bridges, Jr. LaVern Smith Desmond Graves	November 21st Eric D. Hawkins
November 7th Maurice Smith Helen Porter Crystal Burdette Selestene Junior Zernice Webb Brandon Kennedy, Jr.	November 22th LaMarr Johnson
November 9th Page G. Hawkins	November 23rd Charlene Johnson Crystal Chamberlin Jackie Gilmore
November 10th Essex Chamberlain Jason Townsend Joann Watson	November 26th Tyrese W. Johnson
November 11th Saundra Orr	November 27th Martina Carr Hally G. Gaines
November 12th James Fumbanks Jeremy Fumbanks Ramona Owens	November 28th Tyesha Holland Jay-Ron Miller Carol Hampton
	November 29th Tanyna Davis Rocso Gray Stanley Shackellford
	November 30th Tiffany Weather Ester Mae Jones

DO YOU HAVE A FRIEND, FAMILY MEMBER, CHURCH MEMBER, OR COLLEAGUE WHO HAS JUST CELEBRATED OR IS ABOUT TO CELEBRATE A BIRTHDAY? STOP BY OUR OFFICE WITH THEIR NAME ON MONDAY TO GET THEM IN THAT WEEK’S EDITION OF HAPPY BIRTHDAY SALUTES! VISIT US AT 2238 N. DR. MARTIN LUTHER KING JR. DRIVE, CALL US AT (414) 263-5088 OR E-MAIL THEM TO MILTIMES@GMAIL.COM.



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 Open Pit Original 18 oz. 2/\$3	 IBP Pork Chitterlings 10 lbs. \$19.99 each or 3/\$30	 IBP Pork Chitterlings 5 lbs. \$17.99	 Aunt Bessie's Pork Chitterlings 5 lbs. \$29.99	 Refill .49¢ Per Gallon

1622 W. NORTH AVE. • (414) 264-2993

STORE HOURS

MONDAY - SATURDAY: 8:00 A.M. - 7:00 P.M.

SUNDAY: 8:00 A.M. - 5:00 P.M.

4030 N. TEUTONIA AVE • (414) 255-7056

STORE HOURS

MONDAY - SATURDAY: 8:00 A.M. - 8:00 P.M.

SUNDAY: 8:00 A.M. - 6:00 P.M.

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