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## **GMUL hosts annual Equal Opportunity Day Luncheon**





On Monday, February 19, 2024, The Greater Milwaukee Urban League (GMUL) hosted its annual Equal Opportunity Day Luncheon at the Pfister Hotel, 424 E. Wisconsin Ave. The luncheon featured a special panel discussion on 2023 milestones with Milwaukee County Executive David Crowley, Milwaukee Mayor Cavalier Johnson, and Milwaukee Attorney John W. Daniels, Jr.

Daniels received the Whitney M. Young, Jr. Award. The award is the highest honor bestowed by the Urban League and honors the life and legacy of Whitney Young, the longtime National Urban League president. Daniels is a retired partner and chair emeritus of Quarles & Brady Law Firm. Other honorees include Brewers Community Foundation, Kohl's, Mary McCormick, Paula Penebaker, Acts Housing, Gorman & Company, City of Milwaukee/ Depart. Of City Development, Riverworks, Safe & Sound, U.S. Bank, Wisconsin Housing and Economic Development Authority (WHEDA), The Nurturing Collaborative, Community Impact, Clayborn Benson, Lynda Jackson Convers, Andre Lee Ellis, James Causey, Mark Kass, Carole Meekins, DeShea Agee, Enterprise Mobility, Kohler Co., Ugo Nwagbaraocha, Young Professional Making A Difference, and Corry Joe Biddle.

## 39th Annual Milwaukee Black Excellence Awards honors outstanding local individuals









On Friday, February 23, 2024, the 39th Annual Milwaukee Black Excellence Awards was held at the Italian Community Center, 631 E. Chicago St. This year's awards honored 30 extraordinary African Americans (top left photo) in our city in the fields of education, arts, culture, religion, media, community leadership, law, business and volenteerism. Among those honored were 12 African American Vietnam War Veterans (bottom left photo) The event also raised

and awarded money for the Louvenia Johnson Scholarship Fund for 12 gifted, talented, and service-minded African American high school seniors (bottom right photo) going to college or trade schools. This year's keynote speaker was Scott Ford, US Bank President of Wealth Management (top right photo). This year's theme was "Value, Values and Excellence: Making Your Assets Count."

## MATC named top producing institution of Fulbright U.S. Scholars

Fulbrighters exchange ideas, build people-to-people connections, and work to address complex global challenges

Milwaukee Area Technical College (MATC) is pleased to announce it has been named a top producing institution of Fulbright U.S. Scholars for the 2023-2024 academic year. Fulbright is the United States government's flagship international academic exchange program. Fulbright U.S. Scholars are faculty, researchers, administrators, and established professionals accepted in the competitive program to teach, conduct research and carry out professional projects in affiliation with institutes abroad. MATC is one of only 12 honorees in the program associate and baccalaureate/ associate institution category, and only one of three technical colleges.

"We are so pleased to have received this honor which represents the commitment and dedication of our faculty, and the diversity of America's higher education commu-nity," said MATC President Vicki J. Martin, Ph.D. "This affirms that our faculty are seeking greater opportunities to explore, grow and learn concepts they can bring back to MATC for the betterment of the college. I congratulate them, and all the Fulbrighters who are making a positive impact across the world."



Peter Burzynski, MATC lecturer of English and communications, is MATC's 2023-2024 Fulbright scholar. He expresses his love for writing and especially poetry, which he discovered in a Milwaukee area high school.

"I would read poems for four and five hours at a time at night," said Burzynski. "I'd sleep for two hours, then do all my homework at school in the morning. Poetry was the perfect outlet for my excess energy, for my sadness, for my darkest feelings," he remembered. "Poetry helped me find my true self. Not everyone can write poetry," he said. "There is an art and a passion to it. For people who want to be poets, I tell them to read, read, read until you come across something that reaches you."

Burzynski is currently in Slovakia in central Europe, where he is teaching at a university, conducting research at several museums and working on a book about growing up in his parents' Polish restaurant.

Fulbright is a program of the U.S. Department of State, with funding provided by the U.S. government. Participating governments and host institutions, corporations, and foundations around the world also provide direct and indirect support.

Since 1946, the Fulbright Program has provided more than 400,000 talented and accomplished students, scholars, teachers, artists, and professionals of all backgrounds with the opportunity to study, teach, and conduct research abroad. Fulbrighters exchange ideas, build people-to-people connections, and work to address complex global challenges.

The official announcement of Fulbright's Top Producing Institutions for 2023-2024 is published in the online edition of The Chronicle of Higher Education and on the Fulbright Program website at https://fulbrightprogram. org.

Producing Institutions were International Education Adrecognized February 20, ministrators (AIEA) annual 2024 in Washington, D.C., conference.

The 2023 Fulbright Top during the Association of

## American Baptist College celebrates centennial

Wisconsin churches have been blessed to support American Baptist College for at least four decades. This being the centennial year of the college, we are pleased to announce ABC Day Wisconsin will commence with a community worship and rally Saturday, March 9, 2024, at Zion Hill Missionary Baptist Church, 1825 W. Hampton Ave., Milwaukee, WI. 53209. The worship and rally will commence at 5:00 p.m. and will feature American Baptist College President Dr. Forrest E. Harris, college staff, students, and alumni.

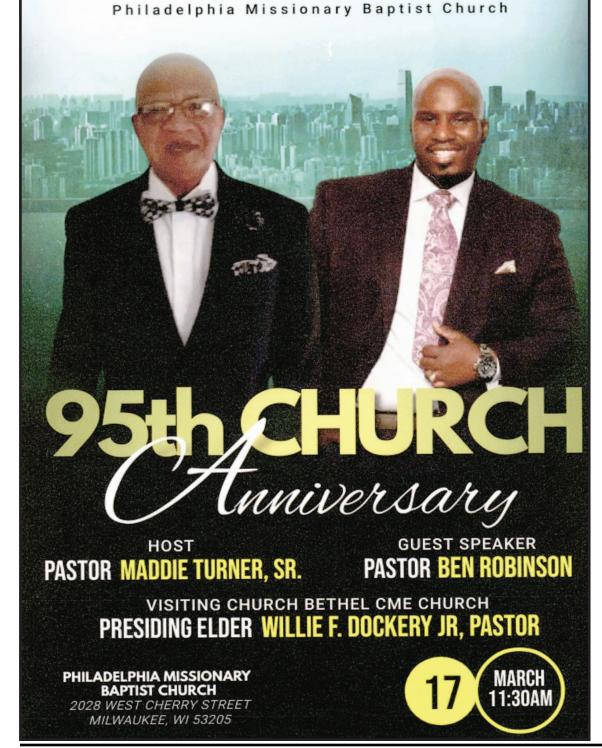


On Sunday, March 10, 2024, more than thirty churches from throughout Milwaukee, Madison, Beloit, Racine and Kenosha will host students, staff, and alumni, who will preach and represent the college.



(1981-2008)(1981-2005)(1981 - 2018)

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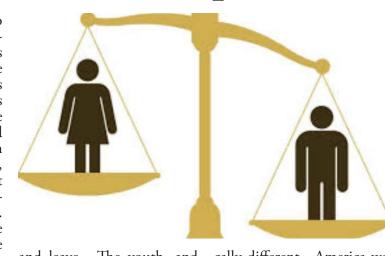
Not equal but the same

# **Being Frank**

**By: Frank James** Special to the Milwaukee Times

For too many years to count there has been an attempt by African Americans to be treated as equal to white Americans. Over the years violence and other means have been used by both white and black Americans to avoid or achieve this equality. In 2024 equality is still a dream, but there is one reality that the USA has achieved between the two major races. African Americans and white Americans may not have achieved equality, but they have achieved sameness.

Some years ago I was at a gym working out and was talking to an attorney who was working out also. The attorney talked about how when he went to see his extended family in a rural area, they talked and acted like people in the inner city. I scoffed at the idea because as you may have guessed this attorney was white. Yet, in the last few years I have observed what this white man was talking about. The two races may not be identical twins, but they are definitely alike. No, I will say it plain



and leave. The youth, and even middle-aged white and African American people in the USA are the same.

"You haven't made everybody equal, you made them the same, and there's a big difference." That quote is from the movie Harrison Bergeron. If you take the time to look around the USA you will see this quote in full effect. If you happen to work in a school, you will definitely see this - the clothing, the way the students interact with each other. You will see similar mental health issues, even thought the skin tones of the people are drastically different. America was once known as the land of the free where the individual could prosper and be unique. Nowadays that concept has to be adjusted to the land of the same where the goal is to be like everyone else.

Sameness between the races, white and black, would not be so laughable if racism didn't exist. If white people embraced African American people like African American people attempt to do them, this would truly be a perverse Utopia. The sameness that the US youth are indulging in would probably benefit the country and move the

US forward. Instead, racism still permeates the minds of both races. African Americans are racist toward themselves and white people just do what has become natural for them while keeping the system going. It is like two people with similar features and origins denying what everyone around them can see. The white people and African Americans are ignoring the fact that they are the same. How can you be racist toward your mirror image?

Sameness has bled into every facet of society, especially music. The music that African Americans listen to is often listened to by all levels of white people. I was walking past a club that had a white crowd and the music coming out of the club was rap music more commonly known as trap music. The crowd consisted of early 20's white people who looked and dressed like African Americans of the same age. If you looked past the white skin there was no difference in this crowd and an African American crowd. Well, there was one. The whites were not overly aggressive towards each other.

Look around you. Look at the youth that you see heading off to school. Look at TV and see how many of the shows have white and black actors that look, dress, and sound alike. Everyone wears hoodies, gym shoes, leggings, jeans or sleep pants. Slides, Crocs or some form of open shoe is a regular staple of white and African Americans. There is no difference in the appearance and even the mentality of African Americans and white Americans. There may never be equality in the USA, but there is sameness.

#### Frank James IV © 2024 beingfrankwithfrank@ gmail.com

The opinions expressed in this editorial are those of the writer and not of the Milwau-kee Times Weekly Newspaper or HT Group, LLC, its staff or management. "Being Frank" is a bi-weekly column exclusive to the Milwaukee Times Weekly Newspaper.

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Wednesday, March 06, 2024

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Thursday, February 29, 2024



**Christian Times** 

Pastor/Founder - Jeanetta Perry, DD (P.A.W)

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**Citadel Of Praise Church of God In Christ** 2328 W. Capitol Dr. • Milw., WI 53206 (414) 299-0608 Deon Young, Pastor

W	EEKLY	' SCHEDUL	E	
	-	Celebrati		
Worship		1	2:00 p	.m.
Worship Wed V	₩o₩	Pastoral	Teach	ing
			7:00 p	.m.

City of Faith Baptist Church 6420 W. Mitchell Street West Allis, Wisconsin 53214 Dr. Michael A. Cokes Sr. & Lady Tangie Cokes
Order of Service: Sundays12:00 pm Wed. Bible Study7:00 pm via Facebook Live
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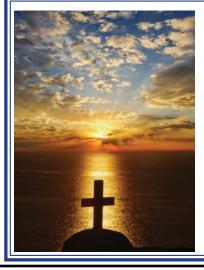
Weekly schedule:			
Sun. Worship	10:45 a.m.		
Sunday School	9:00 a.m.		
Sat. Teacher's Mtg.,	9:00 a.m.		
Wen. Prayer Service & Bi	ble Class		
Wed. A.M. Bible Class			



Rev. Dr. Demetrius Williams. Pastor COMMUNITY BAPTIST CHURCH OF GREATER MILWAUKEE 2249 N. Sherman Blvd. • Milw., WI 53208

Weekly Schedule Sun. Worship ..... ... 9:00 a.m. ... Wed. 6:00 p.m. Prayer Service ...... Church phone: 414.445-1610 Fax: 414.449-0252

Opportunities to Worship			
Sun. School	9:30 AM		
Sun. Morning Worship	11:00 AM		
Tuse. Pastoral Teaching	7:00 P.M.		
Thurs. One Hour of Power	7:00 P.M.		
Sat. Morning Prayer	9:00 A.M.		



Weekly Schedule:			
Sun. School			
Sun. Worship	11:00 a.m.		

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5 Thursday, February 29, 2024 **Christian Times** Milwaukee Times Weekly Newspaper Wednesday, March 06, 2024 **CHURCH LISTINGS ARE IN ALPHABETICAL ORDER: COMMUNITY OF GRACE BAPTIST CHURCH to GREAT FAITH PROGRESSIVE MISSIONARY BAPTIST CHURCH Corinth Missionary Community of Grace Baptist Church** Baptist Church 1809 W. Atkinson Ave. Milwaukee, Wisconsin 53206 1874 N 24th Place Office: 414 800-5077 Milwaukee, WI 53205 Fax: 414 871-8143 Phone: 414-933-1987 E-mail: cogbc1809@gmail.com Fax: 414-933-3545 CORNERSTONE Facebook: Community Of Grace www.corinthmbc.com **MISSIONARY BAPTIST Baptist Church** CHURCH Rev. John Laura, Pastor Weekly Schedule 2329 North 12th Street Milwaukee, WI 53205 Pastor Rev. William Jackson Pastor & Founder Order of Services: Sunday School .... 9:00 A M ..... Sun. School...... 9:00 A.M. Sun. Morn. Worship......10:45 A.M. Wed. Prayer Service.....6:00 P.M. Missionary Arleathia Myers 414-400-2446 Wed. Bible Study. Morn. Worship .....10:00 A.M. Transportation Available Weekly Schedule Wednesday - Mission -6 :00 pm .. 10:00 a.m. Sun. School. Wed. Prayer & Bible Study ... 6:30 P.M. Sun. A.M. Worship ..... 11:00 a.m. Bobby L. Sinclair, Pastor Thursday Choir Rehearsal - 7:00 pm Tues.- Bible Study/Prayer.....10:00 a.m. "A Church Empowering Lives with Gods Word" **EVERGREEN MISSIONARY BAPTIST CHURCH** 1138 West Center Street Milwaukee, WI 53206 (414) 265-0400 • (414) 265-0424 EPIKOS **Bishop Prentise Vann, Pastor** Eternal Life Church of God in Christ WORSHIP SCHEDULE: Rev. B. L. Cleveland, Pastor & Founder Mother E. L. Cleveland, First Lady 7901 N. 66th St. DAMASCUS Sun. Church School .....10:00 am Missionary Baptist Church 2447 N. 27th Street, Sun. Morning Worship ..... 11:00 am Milwaukee, WI 53223 Ph: (262)242-2878 • Fax: (262)242-0978 Milwaukee, WI 53206 **EPIKOS CHURCH - SHERMAN** Wed. Night Prayer ..... 12 noon & 6:30 pm Dr. Ellis Wilkins, Pastor Weekly Schedule e-mail: cogiceterrnal@yahoo.com PARK Wed. Night Bible Study ..... ...... 7:00 pm Worship Services Sun, School 9:00 a.m 3737 N. Sherman Blvd. BISHOP Sun. Worship 10:30 a.m Milwaukee, WI 53216 Fri. Night Praise Service ...... 7:00 pm **PRENTISE VANN** Baptist Training Union (BTU) ... 6:00 p.m 414-963-9010 • info@epikos.org Evening Worship Tuesday Bible Study. ....7:00 p.m. 7:30 p.m Thursday Bible Study & Evangelical Service **Pastor Anthony Caples** Prayer Meeting & Bible Class ..... 6:00 p.m Phone: 374-6650 or 263-9229. R E A D Y SET G R O W .....7:00 p.m Sunday Services: 10:00 a.m For more info. visit: www.cogiceterrnal.net FREE SPIRIT M.B. CHURCH Faith House of Prayer Church of God in Christ LET THE Fellowship of Love Rev. Eddie Guyton, Pastor **Missionary Baptist Church** CHURCH SAY, 2535 N. Teutonia Ave. **AMEN!** Milwaukee, WI 53206 Services Held at Reid's New Your Church Could Golden Gate Funeral Chapel Be Here. Call us at Order Of Service Sunday School......9:30 a.m. (414) 263-5088 3879 N. Port Washington Rd. Worship Services Temporarily Sunday Worship.....11:00 a.m. Milwaukee, WI 53212 or visit us at Held at Tuesday Night Prayer.....7:30 p.m. New Covenant Baptist Church (414) 573-2146 1936 N. MLK Drive. E-mail: bkebenb@yahoo.com 2315 North 38th Street Milwaukee, WI Pastor Kenneth Bonner Milwaukee, Wisconsin 53210 Fri. Night Spiritual Warfare......7:30 p.m. 53212 Preaching the Book God Wrote Sunday Morning Worship-12:15 p.m. **Contact Pastor Eddie Guyton** Worship Hour: Sunday......9 a.m. (414) 698-3038 God's Will & Way Church of God in Christ 2900 N. 9th Street Milwaukee, WI 53206 (414) 264-4866 www.godsww.com Godww65@yahoo.com Service Times Pastor H.S. McClinton Genesis Missionary Baptist Church Friendship Missionary **GOD'S CREATION** Prayer M-F ...... 9:00-9:30 a.m. Baptist Church Sunday **MINISTRIES** 231 W. Burleigh St.

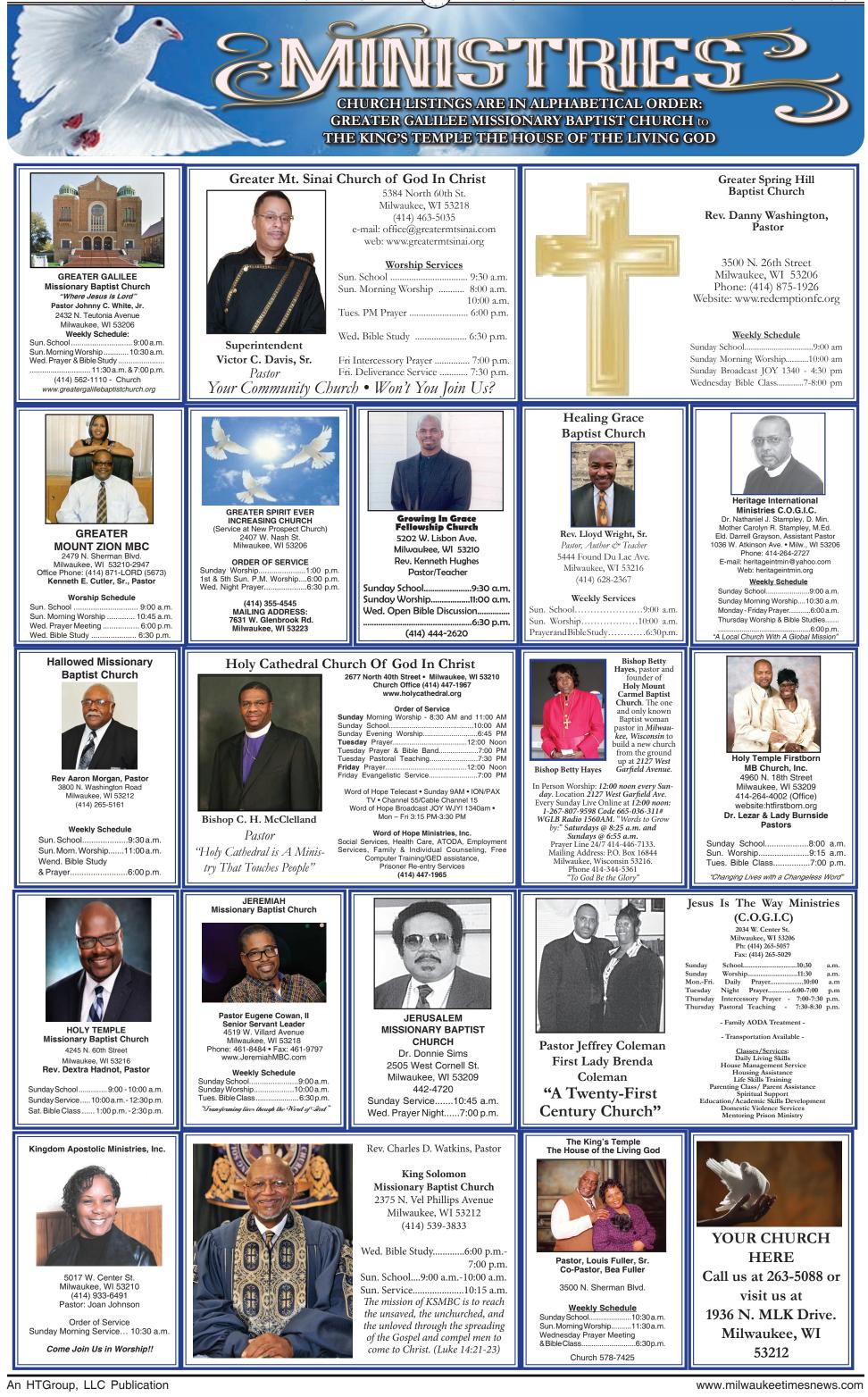


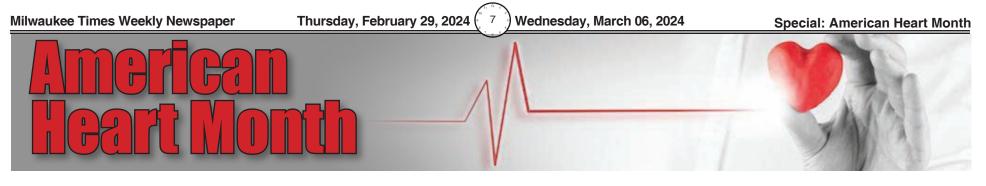
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**Christian Times** 

Thursday, February 29, 2024 ( 6 )Wednesday, March 06, 2024

Milwaukee Times Weekly Newspaper





## Seven ways black women can get 'heart-smart'

Heart disease is an equal opportunity threat, but black women need to pay special attention to its risks.

Across the globe, heart disease is the No. 1 cause of death for both women and men. And it affects one in three American adult females, said the National Institute of Nursing Research (NINR). Women find themselves with symptoms and risk factors that men don't including menopause, when cardiovascular-friendly estrogen levels fall.

That's especially important for women of African descent, as this group has much higher rates of cardiovascular disease than non-Hispanic whites.

Why such a high risk for black women? There's a genetic component (the American Heart Association said research has found a gene that makes African Americans more sensitive to salt), but lifestyle's a strong reason, too. And the reasons and risk factors behind their larger predisposition to heart disease are many, said the Heart Association. Think diabetes. Obesity. High blood pres-



## Dr. Jennifer Jones-McMeans

sure.

For generations, adult females have often felt they needed to be "superwomen"—putting the needs of their kids, families and significant others first and placing themselves last. Such caretaking may be cultural, but it can affect their health.

Since February is both Black History Month and Heart Health Month in the United States, it's a good time to pump up the focus on cardiovascular conditions that particularly affect black



#### women.

"It's making (health) a priority for themselves as women," said Dr. Jennifer Jones-McMeans (inset), director of clinical programs and endovascular clinical science for Abbott's vascular business who's studied the link between genetics, exercise, and high blood pressure.

"Historically, African-Americans have been an underserved population when it comes to healthcare and diet and physical activity," she said. "All that comes together. Unless we say, 'I'm going to exercise and take ownership of it,' it won't happen. I'm no good for my family if I'm not healthy."

Here are seven proactive lifestyle steps Dr. Jones-Mc-Means and other Abbott experts suggest black women can take to be smart about their hearts all year long.

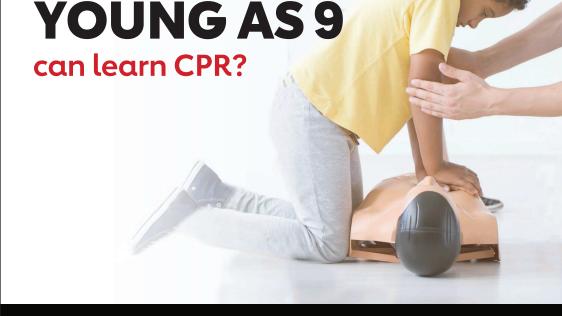
1. Keep it moving. Of all the ways to reduce your heart disease risk factors, aerobic exercise that gives your heart and lungs a workout is one of the best. And you don't need a pricey gym membership or state-of-theart bike to get it. Said Abbott Performance Coach Rob Williams: "It can be jumping rope, doing jumping jacks, and even (climbing) stairs in your house. That's going to keep your heart rate elevated." And these all will help you net the 150 minutes of moderate exercise or 75 minutes of vigorous exercise the American Heart Association recommends each week. Williams, who's trained high school, collegiate and pro athletes, said movement can help you manage blood pressure and cholesterol levels, not to mention keep off the extra weight that also puts you at risk for cardio conditions. Added Jones-Mc-Means "Your heart is a muscle that needs to work, so we have to keep ourselves as active as possible to keep the heart healthy." 2. Eat for your heart. We know it's not always easy to eat heart-healthy foodsespecially when rich desserts, crunchy fried snacks, and all-you-can-eat buffets are calling your name. But keeping your ticker in good shape is key-and that means a diet that limits saturated and trans fats, cholesterol, and sodium while boosting your intake of plant-based fats (think canola oil and avocados)

and omega-3 fats like tuna and salmon. Potassium-rich foods like oranges, bananas, and tomatoes help your heart beat properly and can lower blood pressure, too. Abbott registered dietitian Abby Sauer suggests recipe swaps (think sweet potatoes instead of white ones; low-fat yogurt vs. heavy cream) that increase your intake of vitamins and nutrients. Also, when you can, skip the carry-out and choose home-cooked dishes. "Meals at home do more than just provide the food on the plate," Sauer said. "It's the emotional connection. Think about all the good that does for your heart."

3. Watch your weight. It's important to maintain a healthy one. The Black Women's Health Imperative reports that four out of five black women are considered overweight or obese and that extra weight is a huge heart disease risk factor. Cutting calories and boosting exercise is key to keeping pounds off, cholesterol levels in check-and preventing Type 2 diabetes. One trick, said Abbott EAS Sports Nutrition's Rob Williams: eat off smaller plates. "If you have a big plate," he said, "you're prone to fill up every single inch." Dr. Jennifer Jones-McMeans of Abbott's vascular business realizes that socioeconomic factors like limited food choices and safe exercise options can play a role in some black women's weight challenges. But "fit in exercise based on what works for you. Take extra steps when you're at work instead of sitting at your desk. Can you get out with your kids, even if it just means walking?"

4. Keep blood pressure down. Left untreated, high blood pressure, or hypertension, can cause everything from a stroke to heart failure. Medical Director Dr. Olga Carron from Abbott's established pharmaceuticals business in Central America and the Caribbean said that folks of African descent across the Americas have similar high incidences of this condition. She stresses the importance of taking blood pressure-regulating medicines as pre-scribed. "From there, start with changing your lifestyle and diet. That likely means increasing your physical activities gradually, as well as





#### Learn more and find a CPR class at heart.org/nation

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(Continued on pg. 14)

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## Twenty-three black leaders who are shaping history today (part 3 of 3)

Black Americans have played a crucial role in helping to advance America's business, political and cultural landscape into what it is today. And since 1976, every U.S. president has designated the month of February as Black History Month to honor the achievements and the resilience of the black community.

While the many recognizes that black history is worth being celebrated year-round, we are using this February to shine a special spotlight on 23 black leaders whose recent accomplishments and impact will inspire many generations to come.

These leaders, who have made history in their respective fields, stand on the shoulders of pioneers who came before them, including Shirley Chisholm, John Lewis, Maya Angelou and Mary Ellen Pleasant.

Following the lead of trailblazers throughout American history, today's black history-makers are shaping not only today but tomorrow.

From helping to develop a COVID-19 vaccine, to breaking barriers in the White House and in the C-suite, folowing are 23 black leaders who are shattering glass ceilings in their wide-ranging roles.



Mellody Hobson, first black woman to serve as chair of Starbucks board

In December 2020, Mellody Hobson, president and co-CEO of money manin 1991, first joined Ariel Investments as a college intern and spent nearly two decades as the firm's president before being named co-CEO in 2019. In addition to being the incoming chair of Starbucks board, Hobson serves as a director on JPMorgan Chase's board and is a chairman of After School Matters, a Chicago non-profit that provides local teens with high-quality, after school programs.

Known for her philanthropic work, Hobson and her foundation, the Hobson/ Lucas Family Foundation, donated an undisclosed, large gift to her alma mater in Oct. 2020 to establish a new residential college at Princeton. Hobson College, tentatively scheduled to open in the fall of 2026, will be the university's first residential college named after a black woman.

"My hope," she told the university, "is that my name will remind future generations of students — especially those who are black and brown and the 'firsts' in their families — that they too belong."

Sydney Barber, U.S. Naval Academy's first black female brigade commander

In the U.S. Naval Academy's 175-year history, there has never been a black woman to serve as a brigade commander. But all of that changed this January when Midshipman Sydney Barber stepped into the role. "I would compare my job to a student body president at a civilian institution," she told CNBC Make It, explained that she oversees roughly 4,000 midshipman at the Naval Academy. Barber, who grew up in Lake Forest, IL, said she was inspired by her dad, who graduated from the academy in 1991, to attend the institution. "My dad is someone who always believed in me early on and so he will say that he wasn't surprised [by my position]," said the 24-year-old mechanical engineering major. "But, he started crying

first of all on the phone just because he was so proud of me and the opportunity that came ahead."

Barber explains that like many other black attendees who walked through the academy's doors before her, her dad experienced racism during his tenure as a midshipman. Knowing her dad's experience and the experience of countless other diverse leaders, the 24-year-old said she's "extremely humbled" by her new opportunity and she doesn't take the responsibilities of her role lightly.

"Ms. Janie Mines is another one of my mentors. She's the first black female graduate of the Naval Academy," Barber said. "She's someone that I speak to often. And she talks about how, at her time at the Academy, she wasn't even acknowledged or recognized by her peers being that it was a predominantly white male institution." Mines, who graduated from the academy in 1980, currently manages her own business as an author and executive management consultant.

"So, I kind of take this as an opportunity to carry on their legacy," said Barber. "I realize that they blazed the trail for me, and with that I feel a responsibility to continue blazing the trail for those who are coming after me."



Jesse Collins, 53, first black

the 61st Grammy Awards in 2019, as well as scripted series, competition shows and news specials like last summer's "John Lewis: Celebrating A Hero."

In May 2020, Jesse Collins Entertainment signed a multi-year deal with ViacomCBS Cable Networks to provide production services for BET, CMT, Comedy Central, MTV, Paramount Network, TV Land and VH1. Through the agreement, Collins will produce theatrical films for the first time.

He sees his work as bolstering the current renaissance of Black art, he told Indiewire in June — a movement he aims to make long-lasting.

"This is not some affirmative action type of situation because at the end of the day, we are great storytellers, great actors, actresses, directors," Collins said. "And we're creating content that's reaching audiences previously ignored, and a lot of it is crossing over. So, from a business standpoint, it's going to make sense, and I think that we might look back at this 20 years from now and say, "This was a pivotal moment.""



Nia DaCosta, first black woman to direct a Marvel film

When Disney's Marvel Studios tapped Nia DaCosta in 2020 to direct the "*Captain Marvel*" sequel, she became the first black woman director to tackle the Marvel Universe.

Marvel is big business:

ning the Tribeca Film Festival's Nora Ephron award for the best woman writer-director and catching the eye of Academy Award-winner Jordan Peele.

Calling DaCosta a "bold new talent," Peele hired her to direct and co-write his much-anticipated horror sequel "*Candyman*." Of DaCosta's work on the movie, which hit theaters in August 2021 after being delayed by the coronavirus pandemic, Peele said: "She's refined, elegant, every shot is beautiful. It's a beautiful, beautiful movie."

Coming off "*Candyman*," DaCosta had to mull over the idea of directing another big film like "*Captain Marvel* 2" when she heard she was being considered for the job, she told *The Wall Street Journal*. But by the time Marvel made the offer, it was "an immediate yes."

"I'm a huge Marvel fan, have been since I was a kid," she told the Journal, "and I've always wanted to direct a Marvel movie."



#### Aicha Evans, first black woman to run a self-driving car company

When Aicha Evans agreed to become the new CEO of autonomous vehicle start-up Zoox in 2019, she made history as the first black woman to run a self-driving car company. In 2020, she sheparded

agement firm Ariel Investments, was named chair of Starbucks board of directors. When she officially stepped into the role in March, was the first black woman to hold this position.

The youngest of six children, Hobson was raised by a single mother in Chicago and credits her financially poor upbringing for driving her into the career she's in today.

"It's no accident I am in the investment management business because as a child I was desperate to understand money," she said during the 2020 Center for Financial Planning's Diversity Summit. Hobson, who graduated from Princeton University executive producer of the Super Bowl halftime show

Roughly 100 million people tune into the *Super Bowl* and its halftime show in a given year. In 2021, the most-watched TV concert headlined by The Weeknd had Jesse Collins at the helm, making him the first black executive producer of the Super Bowl halftime show.

Collins began his 20-year career in TV writing, which eventually led to producing and becoming founder and CEO of his eponymous entertainment company. He's known for producing some of the most memorable moments in awards show history, including his Emmy-nominated work for

Nearly two dozen previous Marvel Studios superhero movies collectively grossed over \$22.5-billion at the global box office, including \$1.1-billion for the first "*Čaptain Marvel*" movie. Yet when Marvel handed DaCosta the keys to its billion-dollar franchise, the 31-year-old had only released one movie in theaters. In 2015, DaCosta raised roughly \$5,000 in a Kickstarter campaign to fund a short film, called "Little Woods," about two North Dakota sisters who have to cross the Canadian border illegally to obtain medicine for their mother. DaCosta later expanded that into her first

feature film in 2018, win-

Zoox to a \$1.3-billion sale to Amazon.

Now Evans is working with Amazon to realize Zoox's vision of an autonomous ride-hailing service with its own fleet of fully self-driving electric cars.

Evans, who was born in Senegal and has a computer engineering degree from The George Washington University, previously spent 12 years at Intel. She's "had to overcome a lot" as a black woman in tech, she told the Financial Times — it's an industry (along with the auto industry) known for poor representation of women of color.

But Evans has also seen opportunity, especially in



her ability to bring a different perspective and different ideas, she said.

In joining Zoox, Evans was drawn to the opportunity to "challenge the status quo" with an "autonomous mobility system built from the ground up," and at a time when the auto industry is at an inflection point with self-driving technology.

"It's one of those times zona Cardinals. where you get to catch the wave during the transformation and reinvention," she the NFL to earn told *Automotive News*.



Jason Wright, first black president of a National Football League team

In August 2020, Jason Wright became president of the Washington Football Team, making him the National Football League's first-ever black president. At 38, Wright is also currently the youngest president of an NFL team.

He came into the position with intimate knowledge of the league, having spent seven years as a running back with the Atlanta Falcons, Cleveland Browns and Arizona Cardinals.

Wright understands business as well: In 2010, he left the NFL to earn his MBA at the University of Chicago. From there, he spent seven years at McKinsey & Company, where he specialized in turning around struggling corporations. With the Washington team, one of his biggest challenges was to fix the franchise's culture, which included handling allegations of sexual harassment and leaving behind the legacy of the team's racist former name. It's a tall order, but Wright is optimistic.

He spent his earliest days on the job meeting with employees, gathering facts and developing a plan of attack. He's committed to making changes and says the team's owner, Dan Snyder, has given him the leeway to do what he sees fit. That includes creating a human resources department and making the "psychological and emotional well-being" of his employees his No. 1 priority.

For Wright, this position is "an opportunity to bring together my two worlds in a really unique way," he said on Good Morning America. "The fact that I happen to be Black and the most qualified person for this is a boost."



Dana Canedy, first black person to head a major publishing imprint

In her own words, Dana Canedy's career path "represents the inclusive progress that many people think is now in peril in America." She became the first woman and the first person of color — not to mention the youngest — administrator of the Pulitzer Prizes when she took the helm of the century-old institution in 2017. And last year, she became the first black publisher of a major imprint when she was named senior vice president and publisher of the Simon & Schuster trade imprint.

Before overseeing Pulitzers, Canedy was a reporter for the New York Times for two decades and won a Pulitzer Prize herself in 2001 for "How Race Is Lived In America," a year-long project that examined everyday race relations. "When I left my childhood home seeking to write about the country and the world, I had no idea that some of my most meaningful work would involve reporting on race and class," Canedy wrote in 2017 after the Unite the Right rally in Charlottesville, VA, turned deadly. "And yet, they are subjects that keep emerging as a powerful theme."

Canedy hopes to further

explore those themes at Simon & Schuster and broaden the subject matter, authors and forms published (her own bestselling book "A Journal for Jordan" was published by Crown Publishers in 2008 and is being made into a movie directed by Denzel Washington). Though the industry faces many challenges, including its own racial reckoning, Čanedy says she is excited about her new role and the possibilities it represents. "I'm somebody who lives with a lot of optimism, enthusiasm and passion," she told the New Yorker in 2020. "And I don't think there's really anything that can rob me of that."

#### Bozoma Saint John, Netflix chief marketing officer and first black C-suite executive at the company

Longtime marketing executive Bozoma Saint John made history in June 2020 when she was hired as Netflix's chief marketing officer, making her the first black C-suite executive at the company.

(Continued on pg. 10)



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#### Milwaukee Times Weekly Newspaper

## **Black leaders**

(Continued from pg. 9)



Known as one of the highest-profile marketing executives in the industry, Saint John joined the streaming platform after working at top-tier companies like sports and entertainment firm Endeavor, Uber, Apple and PepsiCo. During her three-year tenure as head of music and entertainment marketing at PepsiCo, Saint John made a name for herself by spearheading endorsement deals with celebrities like Beyonce, Kanye West, Nicki Minaj and the late Michael Jackson.

As an outspoken advocate for greater diversity and inclusion in the C-suite and beyond, Saint John has used her platform to call on more investment fund, BlackGen

Capital, in 2019. companies to go beyond lip

service when it comes to diversifying their workforce. "I want to see more cor-

porations put their money where their mouths are," she said on CNBC's "Closing Bell". "Of course talk is cheap. Money isn't cheap. Money goes to fuel defense. It goes to fuel action. So I want more corporations to put their money where their mouth is."



Cheick Camara and Ermias Tadesse, co-founders of BlackGen Capital, Cornell University's first black investment fund

Like many successful college students, Cheick Camara and Ermias Tadesse have taken full advantage of participating in many of the elite financial clubs and organizations at Cornell University. But when they looked around, they noticed they were the only black and brown members in the ranks of these clubs, which led the two juniors to launch the school's first minority-owned

We created BlackGen Capital as a means to expand access to financial literacy education, resources that can empower students to get internships and learn about investing and budgeting and things like that," Tadesse told CNBC Make It.

To help black and brown students attain access to financial education opportunities and resources, BlackGen provides its members with a 10-week finance training program, as well as handson experience in pitching and managing investment ideas. The organization takes a long-term approach to investing, focusing on smallcap companies that exhibit high growth, Camara said. Profits from the fund are reinvested, as well as used to support BlackGen's events and initiatives, which include giving back through philanthropy projects.

Within its first year, about 70 percent of BlackGen's roughly 64 members have secured jobs and internships on Wall Street thanks to corporate sponsors that include Bank of America, JPMorgan, Morgan Stanley and Wells Fargo, Tadesse said.

While BlackGen has already shown early success, Camara said they still have

big goals. "The issue of diversity and lack of access to resources and opportunities is not exclusive to just Cornell University, but rather, it's an colleges across the country.

issue that plays across the entire nation," he said, adding their next goal is to establish chapters in universities and





This month, I want to celebrate Wisconsin's Black communities who have brought so much vibrancy and prosperity to our state. Black history will always be a part of the past, present, and future of Wisconsin.

While this month is a reminder of Wisconsin's Black history, every day we need to let this history guide us and inspire us in our efforts to move our country forward.



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Rev. W.J. Walker, Pastor

Sun. Worship.....10:30 a.m. Tus. Bible Study....6:00 p.m. Wed. Mission......3-7 p.m. Wed. Fellowship...6:00

Weekly Schedule



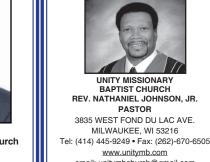
Tue. Choir Rehearsal......6:00 pm Tue. Prayer & Bible Study 6-7:30 pm Tue. Youth Meeting......6-8:00 pm Wed. Recovery Services.....6-7:30 pm John 14:27

#### Milwaukee WI 23209 414/265-5455 **Worship Schedule:** Sunday School ......9:30 a.m. Morn. Worship......11:30 a.m. Mon. Women Circle Min. ..... Wed. Bible Study......7:30 p.m. Soar Men Min......11:30 a.m.



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13 Wednesday, March 06, 2024 Thursday, February 29, 2024 (

**Christian Times** 



Sun. School Sunday Morning Wors Wednesday Bible Stud Wednesday Bible Stud	Schedule:	4778 N. Hopkins St. Milwaukee, WI 53209 (414) 466 - 3807 Alice O. Green, Founder Dr. Shane E. Rowe, Sr. & Pastor Lekeesha C. Rowe, Senior Pastors Children's Min. Sun	Reveal Community Church Rev. James Bufford, Jr., Pastor 5856 North 75th Street Milwaukee, WI 53218 Telephone: 262-744-4857 Weekly Service: Sunday2:00 p.m.	Rev. Dean L. Derry 4 astor Risen Savior Community Baptist Church 3105A N. 12th Street Milwaukee, WI 53206 Services: Sunday School 9:00 am Sunday Worship 11:00 pm Wed. Prayer Meeting 6:00 pm Phone (414) 748-5705
Rose Hill Missionary Baptist Church 2024 N. Martin Luther King Dr. Milwaukee, WI 53212 Sunday School	Rose of Sharon Deliverance G.O.G.I.C.	Scott CHRISTIAN YOUTH   Control Contecontrol Control Control Control Control Co	Shiloh Baptist Church     4801 West Capitol Drive Milwaukee, WI 53216 (414) 444-1200 • (414) 444-1212 fax Rev. Dr. Brandon Robinson, M.Div., Th.D.     WEEKLY SCHEDULE Sunday School	Showers of Blessings Fellowship Church Sunday Worship Service 4260 N. 50th Street (around the back on Marion) Sunday Morning - 11:00 A.M. (414) 502-9412 showerofblessings1@gmail.com 24 Hour Prayer Line: (414) 502-9412 Dr. Darry Tucker - Pastor Dr. Paula Tucker - First Lady

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March 1st John Lee, Jr.

March 2nd Marcus Walls Dion Saffold

March 4th Latisha Chamberlain

> March 5<sup>th</sup> Geneva Johnson Calvin Johnson Tamar Leech

March 6th Monica Walls-Cox

> March 7th Jamar Lee Willie Henning

March 8th Victoria M. Ingram

March 9th Chad Worthington

March 11th Clarence E. Ingram, Sr. Brandon Walls Matthew Fumbanks John Long, Sr. Antonio L. Alexander Charles Addison

> March 12<sup>th</sup> Melvin Smith Theropsy Moore

March 13<sup>th</sup> Shirley Addison

<u>March 14<sup>th</sup></u> Quincy Jones Stephen Curry Penny Johnson

March 16<sup>th</sup> Flavor Flav Sierra McClain Blake Griffin Tyrell Jackson Williams Geraldine Craion

> <u>March 17<sup>th</sup></u> Denise R. Ingram

March 18<sup>th</sup> Barbara Fumbanks Antonio Fumbanks

March 19<sup>th</sup> Patrice Fumbanks Latrice Davis

March 22<sup>nd</sup> Caleah Eichelberger

March 23rd Tiffany S. Ingram Michael S. Celestine

March 24<sup>th</sup> Deloris A. Conyers

March 25<sup>th</sup> Candace Seals Shereeta Fumbanks Charles Barnard

March 26<sup>th</sup> Margaret Fumbanks Charles L. Barner

March 27<sup>th</sup> Destiny Fumbanks Raukita Fumbanks Robert Fumbanks, IV

> March 29<sup>th</sup> Delisha Reddic Naomi Grant

> > March 30th



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## Black women can get 'heart-smart'

(Continued from pg. 9)

choosing healthy food," as losing weight can help lower blood pressure. "If you need help, you should speak to a physician or registered dietitian first to create a plan that works for you."

5. Manage diabetes – or prevent it. Dealing with diabetes is critical in the fight against heart disease. Diabetes doubles your risk for heart attack or stroke, said Abbott Scientific Affairs Director Karmeen Kulkarniand like blacks, Hispanics and Native Americans have a higher genetic predisposition toward the condition. Over time, said the National Institute of Diabetes and Digestive and Kidney Diseases, high blood glucose levels can damage your nerves and blood vessels—and that can lead to complications including heart disease and stroke. Kulkarni said sedentary lifestyles and lessthan-healthy food choices increase the risk for both diabetes and heart disease. That's why carbohydrate intake and portion size matter. She suggested "cultivating a taste for legumes and dried beans" that don't cause a huge spike in blood glucose levels. When cooking family-favorite dishes, Kulkarni said "you can keep the flavors the same, but not all the salt and not the un-

bott's diagnostics business. "If Grandma had a heart attack at 90, that does not necessarily mean as much as if Grandma had a heart attack at 55 – because if she had a heart attack at 55, we need to have a conversation." Added Dr. Olga Carron of Abbott's established pharmaceuticals business in Central America and the Caribbean: "There are also a lot of people with high numbers that do not exhibit symptoms. With a simple blood test, they can prevent lots of complications that can affect their lives in the short or long term. Creating a prevention mindset is our goal."

7. Keep stress in check.\* Life itself can be stressful, but finding ways to handle and manage it is essential to our overall well-being. Chronic stress can lead to behaviors like smoking, drinking, and poor eating habits as well as changes to your blood and nervous system, which the World Heart Federation said can increase heart disease risk. Physical exercise can help combat stress by releasing the feel-good chemical dopamine, said Abbott's Rob Williams, as can activities like needlepoint or meditation that let your mind relax. Historically, spirituality and faith have been central to black culture -- and studies have shown those also can play a beneficial role in helping keep stress and its less-thanhealthy coping behaviors at bay.





March 1, 1994 – Leonard S. Coleman, Jr., elected president of the National Baseball League.

March 2, 1867 -U.S. Congress enacted charter to establish Howard University.

March 3, 1865 – Freedman's Bureau established by the federal government to aid newly freed slaves.

March 4, 1965 – Bill Russell of the Celtics Boston honored as NBA most valuable player for fourth time in five years.

March 5, 1770 – Crispus Attucks became one of the first casualties of the American Revolution.

March 15<sup>th</sup>

Florine D. Ingram Trinity Saffold Keon Thomas Mike Tomlin Jabari Parker Ray Dolton Latrice Davis

Torri Cobb

<u>March 31st</u> Alice Green Earline Cobb healthy fats.

6. Know your numbers. Are you aware of your blood pressure, cholesterol and blood glucose levels? What about your heart rate, body mass index, and weight? It's hard to change what you don't know. You'll also want to "know your family history and who had heart disease and at what age," said Dr. David Spindell of Ab-

\*Not all exercises are suitable for everyone. Before engaging in any physical activity, please consult with your healthcare professional about how much and what kind of physical activity is right for you.

1857 March 6, U.S. Supreme Court issued Dred Scott decision.

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